

Hnangv haaix zoux sou mingh tov wangv-henh tengx nyanc hopv aengx caux yiem horqc dorngh wuix zaanc jaax lai hnaangx

Jorm hnyouv longc naaiv deix njaauxwaac sou tengx meih fiev sou tov wangv-henh tengx nyanc hopv aengx caux yiem horqc dorngh wuix zaanc jaax lai hnaangx. Meih nyei huov jaa qiemx zuqc zoux benx yietc zeiv sou-tov juix bieqc bun hnangv, **mv gunv jiex gorngv meih nyei fu'jueiv bieqc camv-norm horqc dorngh yaac baac**

Horpc zuqc dinh nzoih waac-fienx yiem sou-tov liouh faaux funx ndorqc mangc horpc bouc puix-juang bun meih nyei fu'jueiv se haih duqv zipv wangv-henh nyanc hopv a'fai yiem horqc dorngh wuix zaanc jaax lai hnaangx nyei fai. Tov daaix luic ziux yietv nyeic zoux ei njiaaux waac sou-guv oc! Yiem njiec kang-kang njiaaux waac dorngh se caux zoux sou-tov nyei buonc waac fih hnangv doic. Se gorngv yiem njiec naaic norm ziangh hoc meih mv bei gorngv horpc zuqc hnangv haaix nzipc zoux mingh, tov daaix luic lorx taux

Haaix zanc meih dinh waac-fienx yiem sou-tov wuov tov daaix luic longc benx batv fiev oc (mv dungx longc pencil batv fiev) aengx caux fiev longc hnyouv fiev cing waac.

Da'1 kang: Faux nzoih Yietc zungv fu'jueiv, gu'nguaaz, aengx caux horqc saeng lemh jienv hoqc sou yiem 12 qongx bouc dauh wuov

Mbuox tong yie mbuo hiuv gorngv maaih mbuoqc ziez dauh gu'nguaaz-lunx/coqc hoz yangh jauv, fu'jueiv mv gaengh bieqc horqc, aengx caux jiex gorn horqc/hoqc taux mbu'ndongx wuonc horqc/yhoqc yiem haai sa'guonh dugh yiem huov jaa nyei buonc wuov. Ninh mbuo MAIV ZUQC caux meih maaih cien liuz cingx benx meih nyei huov jaa hmuangv doic oc.

Haaix laanh mienh dugh yie horpc zuqc faaux njiec naaiv? Haaix zanc meih dinh waac-fienx yiem naaiv ginc sou, tov daaix luic lemh nzoih YIETC ZUNGV hmuangv doic yiem meih nyei huov jaa dugh haaix laanh mienh benx:

- Fu'jueiv maaih hnyiangx-jeiv buangv 18 a'fai maiv zaac nyei buonc AENGX CAUX huov jaa corc zuqc tengx nyaanh ziux goux wuov;
- Yiem njiec maaih leiz gunv bun meih liepc mbenc ziux goux mangc gan dingc leiz zaamc paaiv bun a'fai saengv zangc/buonh deic ze'weic gorn gouv funx fu'jueiv-caan nyei horpc bouc puix-juang gauz benx mv maaih biau v yiem nyei buonc, biaux bieqc deic bung mienh, a'fai biaux naanc nyei mienh;
- Mv gunv jiex mbuoqc ziez hnyiangx yaac longx dugh (benx horqc saeng bieqc horqc nyei mienh)

<p>A) Dorh da'dauh fu'jueiv nyei mbuoz faaux bieqc nzoih. Fiev benx da'dau fu'jueiv nyei mengh mbuoz longc benx yietc liouz nzangc fiev nzoih da'dauh fu'jueiv yiem sou-tov daan. Haaix zanc fiev cing-mengh mbuoz wuov, fiev benx yietc norm nzangc-wuonh yiem njiec norm-norm nzangc-longz. Se gorngv dornng zeiv nor dingh njiec ndaangc oc. Se gorngv maaih camv-laanh fu'jueiv camv jhex ndaangc sou-tov nyei nzangc-liouz, dorh lengc jeiv zeiv fiev juangc juix daaih oc (a'fai benx da'nyeic zeiv sou-tov yaac duqv beiv hnangv bieqc fiev yiem ga'nyuoz gorn zangc electronic) oix zuqc fiev nzoih yietc zungv waac-fienx tim bun muangx taux naaic deix fu'jueiv wuov. Ninh corc horpc zuqc bun domh mienh longc dungh maaih mbuoz yiem da'3 kang. "Mba'ndongx-mbuoz" se benx nzangc louc gorngv taux mbu'ndongx norm mbuoz. Mborqv nzangc bieqc benx fu'jueiv nyie daauh norm nzangc benx mbu'ndongx mbuoz yiem nzoih nzangc-longz.</p>	<p>B) Naaiv laanh fu'jueiv corc se benx horqc saeng fai? Se gorngv "Zeiz," fiev nzoih gorngv hoqc sou yiem haaix kang horqc yiem njiec "Haaix qongx" wuov liouc dornngx yiem mbiaauc bung wuov.</p>	<p>C) Meih duqv hlorpv <i>Foster Children</i> nyei? Se gorngv haaix laanh fu'jueiv yiem naaiv wuov benx <i>foster children</i>, mbiuv bun mangc yiem gorngv "<i>foster child</i>" wuov norm nzangc-longz nitv fu'jueiv nyei mbuoz wuov oc. Se gorngv meih KUNGX zoux sou mingh tov bun <i>foster children</i> hnangv, haaix zanc fiev ziang Da'1 kang liuz, bieqc lorx yiem Da'4 kang.</p> <p><u>Foster children dungh juangc meih yiem wuov se horpc zuqc funx benx meih huov jaa hmuangv doic aengx caux horpc zuqc faaux njiec nzoih yiem meih nyei sou-tov.</u> Beiv hnangv meih zoux sou mingh tov bun <i>foster children</i> aengx caux <i>non-foster children</i> wuov, bieqc lorx yiem da'3 kang. Mbiuv bun mangc: Dorh fu'jueiv kaix se mv funx benx <i>foster children</i> oc. <i>foster children</i> se benx <i>foster child</i> dungh dorh bieqc saengv zangc wuix fu'jueiv biau aengx caux suiv mingh juangc caux saengv zangc maaih sou-gorn tengx ziux goux domh mienh dornngx dauh liouh bun ziux goux mangc fu'jueiv div jhex diez maac a'fai ziux goux fu'jueiv nyei mienh.</p>	<p>D) Maaih haaix laanh fu'jueiv benx mv maaih biau yiem, biaux bieqc deic bung, a'fai biaux naanc nyei mienh? Se gorngv meih buatc haaix laanh fu'jueiv maaih mbuoz yiem naaiv ginc sou wuov puix zuqc naaiv deix paaiv-mengh waac, mbiuv bun mangc gorngv "Mv maaih biau yiem, biaux bieqc deic bung, biaux naanc nyei mienh" nzangc-longz nitv fu'jueiv nyei mbuoz wuov aengx caux <u>fiev nzoih yietc zungv bouc dauh yiem sou-tov oc.</u> Mv maaih biau yiem, biaux bieqc deic bung, biaux naanc nyei mienh <u>sic dauh hnangv haaix wuov horpc zuqc gorngv cing bun</u> ninh mbuo kou-gong gorn nyei gong-mienh muangx nzoih. Se gorngv ninh mbuo mungv zangc horqc dornng mv haih dau waac gorngv meih nyei horqc saengv mv maaih biau yiem, biaux bieqc deic bung, a'fai biaux naanc nyei mienh sic dauh benx hnangv haaix, ninh mbuo mungv zangc horqc dornng horpc zuqc lorx meih liouh fiev nzoih sou-tov ei zornc duqv nyei nyaanh. <u>Nzunc baav meih sienv bun zornc nyaanh waac-fienx ih zanc liouh mbungh zinh hoz mv zuqc heuc ninh mbuo mungv zangc horqc dornng ganh ca'lengc lorx meih siang.</u></p>
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Da'2 kang: Ih zanc huov jaa hmuangv doic maaih haaix laanh maaih mbuoz yiem SNAP, TANF, a'fai FDPIR nyei?

Se gorngv ih zanc meih nyei huov jaa hmuangv doic maaih haaix laanh (lemh jienv ga'ganh) maaih mbuoz yiem haaix norm kou-gong gorn a'fai duqv zipv tengx yiem camv-norm kou-gong gorn yiem ga'ndiev wuov, meih nyei fu'jueiv se maaih horpc bouc puix-juang gauz duqv zipv horqc dorngh nyei wangv-henh nyanc hopv jauv-louc:

- Kou-gong gorn tengx tipv fu'loqc lai-hnaangx kuv bun nyanc (Supplemental Nutrition Assistance Program, SNAP) a'fai
- Tengx daav naanh huov jaa jiex jauv longc nyei bouc dauh (Temporary Assistance for Needy Families, TANF) a'fai
- Kou-gong gorn siou liouh lai hnaangx taan bun janx-Indian (Food Distribution Program on Indian Reservations, FDPIR).

A) Se gorngv meih nyei huov jaa hmuangv doic mv maaih haaix laanh mienh maaih mbuoz yiem ga'nguaaic deix kou-gong gorn:

- Zaah mangc gorngv "Maiv" yiem njiec **da'2 kang** aengx caux bieqc lorx taux **da'3 kang**.

B) Se gorngv meih nyei huov jaa hmuangv doic maaih haaix laanh mienh maaih mbuoz yiem ga'nguaaic deix kou-gong gorn:

- Fiev sou-gorn nam mber bun SNAP, TANF, a'fai FDPIR. Meih kungx bun yietc norm sou-gorn nam mber hnavg oc. Se gorngv meih duqv maaih mbuoz bieqc yietc norm naaiv deix kou-gong gorn aengx caux mv hiuv duqv sou-gorn nam mber, daaix luic lorx taux:
- Mingh lorx yiem **Da'4 kang**.

Da'3 kang: Faux nzoih YIETC ZUNGV huov jaa hmuangv doic aengx caux da'dauh hmuangv doic zornc nyei nyaanh bun mangc

Yie horpc zuqc hnavg haaix douc sou-fienx mbuox bun hiuv taux yie zorc duqv nyei nyaanh?

- Longc naaiv kuaaiv mbuoz-daan dugh benx "**zornc nyaanh nyei gorn**" & "**guc yienh bun mangc taux fu'jueiv zorc nyei nyaanh**," yiem naaiv zeiv sou-tov daan nqa'haav bung liouh zaah ndorqc mangc gorngv meih nyei huov jaa hmuangv doic maaih zornc nyaanh gorn liouh douc sou-fienx bun hiuv nyei fai.
- Douc sou-fienx bun hiuv taux yietc zungv soux mouc nyaanh dugh ZORNC DUQV YIETC ZUNGV NYAANH MV GAENGH MAEQV CUOTV WUOV. Douc sou-fienx bun hiuv taux yietc zungv zornc duqv nyei nyaanh benx nyaanh dollars. Maiv zorpc funx benx nyaanh cents.
 - Yietc zungv zorc duqv nyei nyaanh se benx gapv zunv duqv zipv nyei nyaanh **ndaangc mv gaengh maeqv** nzouv-zinh aengx caux maeqv cuotv nyei buonc.
 - Maaih ziex dor mienh bieqc hnyouv gorngv zornc duqv nyei nyaanh se benx soux mouc nyaanh dugh ninh mbuo duqv siou yiem buoz zangc "dorh nzuonx biau v wuov" aengx caux mv funx gapv zunv, "yietc zungv nyaanh dugh mv gaengh" maeqv cuotv wuov. Zaah mangc longx gorngv zornc duqv nyei nyaanh dugh meih douc sou-fienx bun hiuv yiem naaiv zeiv sou-tov wuov MAIV GAENGH duqv maeqv cuotv nzouv-zinh, maaiz beu weih sou-gorn nyaanh, a'fai cuotv da'nyeic diuc nyaanh.
- Fiev benx "0" yiem haaix deix kungx deic dorngh dunggh buac mv maaih zornc duqv nyei nyaanh zuqc douc sou-fienx bun hiuv wuov. Haaix deix dorngh dugh buac mv fiev wuov a'fai kungx deic dorngh se funx benx 0. Beiv hnavg meih fiev benx "0" a'fai guangc benx kungx deic, meih horpc zuqc laengz (laengz waac) gorngv mv maaih zorc nyaanh jauv-louc liouh douc sou-fienx bun hiuv. Se gorngv ninh mbuo buonh deic jien jaa laaic gorngv meih nyei huov jaa maaih zorc nyaanh jauv-louc liuz douc sou-fienx mbuox dorngh, oix zuqc zaah mangc meih nyei sou-tov waac-fienx siang.
- Mbiuv bun mangc gorngv haaix hoc zornc nyaanh jauv-louc bun nyaanh maqc ndongc haaix yiem mbiaauc maengx nzangc-longz wuov.

3.A. Douc sou-fienx bun hiuv taux domh mienh zornc nyaanh jauv-louc

Kuv yuav tsum tau muab leej twg teev npe rau ntawm no?

- Haaix zanc dinh waac-fienx yiem naaiv ginc sou, tov lemh nzoih YIETC ZUNGV huov jaa hmuangv doic domh mienh dungh juangc meih yiem wuov aengx caux juangc zornc nyaanh aengx caux juangc nyaanh longc nyei buonc, mv gunv jiex gorngv ninh mbuo mvguen taux yaac baac aengx caux lemh jienv gorngv ninh mbuo mv duqv zipv benx ga'ganh nyei nyaanh.
- **MAIV dungx zorpc:**
 - Haaix deix mienh juangc meih yiem mv baac ninh mbuo mv bangc duqv zuqc meih nyei huov jaa nyaanh AENGX CAUX mv tengx duqv nyaanh bun meih nyei huov jaa.
 - Gu'nguaaz, fu'jueiv aengx caux horqc saeng se duqv faaux nzoih mbuoz yiem **Da'1 kang mi'aqc.**

Da'3 kang: Faux nzoih YIETC ZUNGV huov jaa hmuangv doic aengx caux da'dauh hmuangv doic zornc nyei nyaanh bun mangc

1) Faux nzoih huov jaa domh mienh nyei mbuoz.

Fiev nzoih huov jaa hmuangv doic nyei cing-wuonh mbuoz yiem njiec nzangc-longz bun mnagc gorngv “Huov jaa hmuangv doic domh mienh nyei mbuoz (Mbuoz aengx caux fingx).” Lemh jienv bieqc kor letc horqc nyei horqc saeng, se gorngv ninh mbuo mv zeiz ganh lengc jeiv douc fienx mbuox taux nzouv-zinh jauv-louc (yietc zungv bieqc kor letc horqc saeng se funx gorngv benx domh mienh aqv). Haaix laanh hmuangv doic dungh meih duqv faaux mbuoz bieqc yiem Da'1 kang wuov mv dungx faaux bieqc naaiv oc.

2) Faux benx zoux gong zornc duqv nyei nyaanh.

Faux nzoih yietc zungv nyaanh dungh zoux gong zornc yiem “Zoux gong zornc nyaanh” yiem njiec sou-tov. Naaiv se funx benx nyaanh dungh yietc gau buat zoux gong duqv daaih nyei nyaanh. Se gorngv meih zoux ga'ganh nyei saeng-eix a'fai benx ndeic-ziouv, meih horpc zuqc douc sou-fienx bun hiuv taux zornc duqv leic zinh nyaanh. Zornc duqv leic zinh nyaanh se benx soux moux nyaanh dungh duqv maeqv cuotv nzouv-zinh aengx caux maeqv cuotv nyei buonc liuz zengc njiec.

- **Oix zuqc fungx zoux beiv hnavg yie zoux camv-norm gong?** Dorh meih nyei mbuoz benx lengc jeiv faaux bieqc norm-norm gong aengx caux ganh bieqc liouz nzangc gorngv taux zornc yiem norm-norm gong duqv nyaanh mbuozc ziez. Beiv hnavg qiemx zuqc longc dorngx jiangv nor tim gorqv-zeic zeiv bieqc.
- **Oix zuqc fungx zoux beiv hnavg yie zoux ga'ganh saeng-eix?** Faux nzoih meih nyei saeng-eix duqv leic zinh zengc mbuozc ziez. Naaiv deix leic zinh nyaanh se oix zuqc funx maeqv cuotv ndorm zinh nziouv muangx gunv goux saeng-eix gorn zangc nyaanh ei zornc duqv yietc zungv nyaanh duqv zipv wuov (zornc duqv nyei nyaanh). Zipv yietc zungv nyaanh a'fai zornc duqv nyei nyaanh se benx yietc zungv nyaanh dungh maaiz maaic zornc duqv daaih a'fai zoux gong bun wuov.

Se gorngv duqv faaux fu'jueiv nyei mbuoz yiem **Da'1 kang liuz** buatc maaih dorngx zornc duqv nyaanh, zoux ei njiaaux waac yiem sou-guv yiem **Da'3 kang, Yiem B wuov bouc jauv.**

3) Faux nzoih mbuoz-daan dungh duqv zipv hungh jaa tengx nyaanh/Ziux goux mangc fu'jueiv/Wuix mienh nyei nyaanh.

Faux nzoih yietc zungv nyaanh dungh buatc horpc bouc zipv yiem “Hungh jaa tengx nyaanh/Ziux goux mangc fu'jueiv/Wuix mienh nyei nyaanh” yiem naaiv zeiv sou-tov. Maiv dungx douc sou-fienx mbuox dungh benx nyaanh maeng yiem hungh jaa tengx daaih nyei nyaanh dungh MAIV faaux njiec yiem zeiv-fangx daan wuov. Beiv hnavg duqv zipv nyaanh benx ziux goux mangc fu'jueiv a'fai wuix mienh nyei nyaanh, kungx dorh dingc sic zaamc paaiv heuc cuotv nyei buonc nyaanh douc sou-fienx bun hiuv. Mv zeix tong zuangx bun nyei nyaanh dungh ziangh diuh bun daaih wuov horpc zuqc douc sou-fienx mbuox benx “da'nyeic diuc” nyaanh yiem jiex mingh wuov kang gong.

4) **Faux nzoih nyaanh hlaax dugh benx zoux gong dorn g dauh nyaanh/mienh goz nyaanh/yietc zungv da'nyeic diuc nyaanh.**
Faux nzoih yietc zungv nyaanh dugh buatec horpc bouc yiem njiec "Zoux gong dorn g dauh nyaanh/mienh goz nyaanh/Yietc zungv da'nyeic diuc nyaanh" yiem naaiv zeiv sou-tov.

- **Oix zuqc fungc zoux beiv hhangv yie duqv zipv nyaanh yiem camv-hoc gorn daaih?** Dorh meih nyei mbuoz benx lengc jeiv faaux bieqc norm-norm gorn aengx caux ganh bieqc liouz nzangc gorngv taux zornc yiem norm-norm gong duqv nyaanh mbuocq ziez. Beiv hhangv qiex zuqc longc dorn g jiangv nor tim gorqv-zeic zeiv bieqc.

5) **Gapv zunv faaux nzoih huov jaa hlo faix lomh haaix.**
Dorh yietc zungv huov jaa hmuangv doic bieqc nzoih yiem njiec naaiv norm dorn g "Gapv zungv yietc zungv huov jaa hmuangv doic (Fu'jueiv aengx caux domh mienh)." Naaiv norm funx-hoc HORPC ZUQC caux huov jaa hmuangv doic dugh faaux mbuoc yiem **Da'1 kang** aengx caux **Da'3 kang fih mbuocq**. Se gorngv meih corc maaih haaix laanh hmuangv doic dugh maiv duqv faaux bieqc yiem sou-tov wuov, hluotv nzuonx mingh mangc aengx caux tim bieqc nzoih oc. Ninh se benx jien sic jauv-louc dugh oix zuqc faaux nzoih yietc zungv huov jaa hmuangv doic bun mangc gorngv meih nyei huov jaa hlo faix lomh haaix dugh haih ging-dongx nyaav taux horpc bouc puix-juang zipv wangv-henh tengx lai hnaangx aengx caux zanv lai hnaangx jaax zaanc njiec.

6) **Dorh nqa'haav laai bie norm funx-hoc yiem meih nyei Social Security nam mber wuov bun daaih.**
Huov jaa hmuangv doic dugh benx domh mienh nyei buonc oix zuqc dorh nqa'haav laaix bie norm funx-hoc yiem ninh mbuo nyei Social Security nam mber bieqc nzoih yiem kungx deic zeiv wuov. Meih corc maaih ze'buonc gauz zoux sou mingh tov tengx nyaanh nyei, mv gunv jic gorngv meih mv maaih Social Security nam mber yaac baac. Beiv hhangv huov jaa hmuangv doic dugh benx domh mienh wuov mv maaih Social Security nam mber nor, guangc naaiv norm kungx deic dorn g kungx nyei aengx caux mbiuv yiem mbiauc maengz fangx-daan gorngv "Zaah mangc mv maaih Social Security nam mber."

3.B Faux nzoih nyaanh dugh fu'jueiv zornc duqv nyei buonc

Faux nzoih yietc zungv nyaanh dugh zornc duqv nyei buonc a'fai fu'jueiv duqv zipv wuov.

Gapv zunv faaux nzoih yietc zungv nyaanh dugh YIETC ZUNGV fu'jueiv maaih mbuoz faaux yiem **Da'1 kang** yiem njiec meih nyei huov jaa mbiuv benx gorngv "Fu'jueiv nyei nyaanh hlaax." Se gorngv meih zornc nzoih da'nyeic huov jaa hmuangv doic zoux sou juangc tov tengx nyaanh nor kungx funx fu'jueiv-hlorpv nyei buonc nyaanh hhangv.

- **Fu'jueiv nyei nyaanh hlaax se zeiz haaix nyungc?** Fu'jueiv nyei nyaanh hlaax se benx nyaanh dugh duqv zipv yiem ga'hlen daaih bun ZAQC bieqc meih nyei fu'jueiv nyei siou nyaanh sou-gorn wuov. Maaih ziez dorh huov jaa se mv maaih fu'jueiv nyei nyaanh hlaax oc.

Da'4 kang: Waac-fienx liouh lorx doic aengx caux domh mienh njiec mbuoz-louc

Yietc zungv sou-tov horpc zuqc bun huov jaa hmuangv doic dungh benx domh mienh wuov njiec nzoih mbuoz-louc oc. Njiec mbuoz-louc yiem naaiv zeiv sou-tov, meih mbuo huov jaa hmuangv doic horpc zuqc laengz nzoih waac gorngv yietc zungv waac-fienx se zien waac aengx caux duqv douc fienx mbuox sung nzoih nzengc. Jaa-nziouv dinh nzoih waac-fienx yiem naaiv ginc gong, tov daaix luic doqc mangc nzoih yietc zungv waac yiem nqa'haav bun sou-tov wuov ndaangc.

A) Dorh meih nyei waac-fienx bun daaih liouh borqv lorx doic. Se gorngv liepc duqv maaih waac-fienx liuz, faaux nzoih meih nyei ih zanc juix fienx deic zepv yiem njiec kungx deix dorngx wuov. Beiv hnavg meih mv maaih deic zepv dingc-torqv nor yaac mv benx haaix nyungc oc. Dorh fonh nam mber hietv nzoih, email dorngx, a'fai hietv nzoih yi nyungc yaac duqv, se gorngv maaih haaix nyungc dungh yie mbuo qiemx zuqc lorx meih wuov se haih lorx duqv zaaic meih siepv faaux.

B) Faux benx cing mbuoz aengx caux bieqc nzoih meih nyei mbuoz-louc aengx caux zoux sou nyei hnoi-nyieqc. Faux nzoih domh mienh nyei cing mbuoz yiem njiec sou-tov aengx caux da'dauh zuqc njiec nzoih mbuoz-louc yiem nzangc-longz benx "Domh mienh njiec mbuoz-louc dorngx."

C) Zoux nzoih sou-tov liuz dorh juix bun taux:

Sienv longc mv zoux fai zoux yaac duqv nyei

Faux njiec fu'jueiv yiem haaix norm guoqv cuotv seiz daaih aengx caux benx haaix nyungc iu-fingx (sienv an fai mv an yaac duqv nyei). Yiem njiec nqa'haav maengz sou-tov, yie mbuo duqv tov heuc meih dorh waac-fienx taan bun muangx taux fu'jueiv yiem haaix norm guoqv cuotv seiz daaih aengx caux benx haaix nyungc iu-fingx. Naaiv norm dorngx se sienv an fai mv an yaac duqv nyei aengx caux mv maaih haaix nyungc haih ging-dongx zorv zuqc fu'jueiv nyei horpc bouc puis-juang liouh zipv wangv-henh tengx nyanc hopv jauv-louc a'fai zany lai hnaangx jaaz zaanc njiec wuov. Tov naaiv diuc waac-fienx se liouh corngh ndorqc mangc gorngv saengv zangc duqv zoux ei guoqv zangc doz-leiz beu bun baeqc fingx nyei fai, aengx caux meih dau daaih nyei waac yaac mv maaih haaix nyungc ging-dongx hoic taux sou-tov, aengx caux corc maaih doz-leiz gem ziux goux si-jeiv buonc-sin waac nyei. Bun naaiv diuc waac-fienx daaih, meih oix zuqc tengx nzie bun yie mbuo liepc zoux kou-gong gorn jauv-louc mv sienv zoux gong ki zuqc doic.

Tov daaix luic dorh naaiv zeiv sou-tov juix nzuonx bun taux fu'jueiv nyei HORQC DORNGH. MAIV DUNGX juix yangh juix fienx dorngx, faekv, a'fai email dinh nzoih zoux sou-tov daan a'fai maaih waac qiemx zuqc naaic taux zoux sou-tov jauv-louc yiem caux meiv guoqv siux goux baeng-zuangx ze'weic domh gorn (USDA) dungh benx da'nyeic laanh liuc leiz ziux goux leiz beu baeqc fingx a'fai meih nyei fu'jueiv maaih horpc bouc puis-juang gauz ipv wangv-henh tengx lai hnaangx a'fai zany zaanc lai hnaangx nyaanh haih bun daaih zaih.