Checklist for School Nutrition Professionals Serving Meals Eaten at School

Accessible version: https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/nutrition_resources.html

Stay home if you are sick, have tested positive for COVID-19, are showing symptoms of COVID-19, or have recently had close contact (less than 6 feet for 15 minutes or more) with a person with COVID-19.

Wash hands with soap and water for at least 20 seconds or use hand sanitizer with at least 60% alcohol before, after, and during shift, before and after eating, after using the toilet, and after handling garbage, dirty dishes, or removing gloves.

Wear a mask during your shift.

Clean and disinfect frequently touched surfaces. Surfaces that come in contact with food should be washed, rinsed, and sanitized.

Encourage students and staff to remain at least 6 feet apart in areas that can easily become crowded (for example, waiting in food service lines or trash disposal area) and while eating by providing physical guides, such as tape or graphics on floors or sidewalks and signs on walls.

> Reduce crowding by arranging food service lines and seating in ways that encourage physical distancing (at least 6 feet).

Increase ventilation by offering meals outside or opening windows and doors.

Maintain low occupancy in areas where outdoor ventilation cannot be increased.

Avoid offering any self-serve food or drink options, such as hot and cold food bars, salad or condiment bars, and drink stations. Instead, serve grab-and-go items or individually plated meals. Clearly label or set aside meals for students with food allergies or dietary restrictions.

Ensure students are not sharing food or utensils.

Install physical barriers in areas where it is difficult for people to remain at least 6 feet apart (for example, cash registers, tables).











6 FEET



Encourage students and staff to wear masks when not eating or drinking.

Hang posters that encourage staying home when sick and good hand hygiene practices. Place posters in highly visible locations, for example, around the school and kitchen.





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