

















What's for Breakfast? Menu Planning

For each menu below, indicate whether the **planned breakfast** meets the **DAILY** meal pattern requirements for the specified grade group. If the breakfast does not meet the meal pattern, indicate what modifications are needed for a reimbursable meal.

Menu	Does menu meet DAILY meal pattern requirements? If "no," indicate modifications needed.
<p>Breakfast Menu 1 – Grades K-8 Whole grain-rich cereal, 1 box (0.9 oz.) 100% Orange Juice, ½ cup Raisins, ¼ cup Choice of 1% unflavored or fat-free chocolate milk, 1 cup</p> <div style="display: flex; justify-content: space-around; align-items: center;">      </div>	<input type="checkbox"/> yes <input type="checkbox"/> no
<p>Breakfast Menu 2 – Grades 9-12 Whole Wheat French Toast, 1 slice (1 oz. eq grain and 1 oz. eq meat/meat alternate) Orange, whole ½ cup Choice of 1% unflavored or fat-free chocolate milk, 1 cup</p> <div style="display: flex; justify-content: space-around; align-items: center;">     </div>	<input type="checkbox"/> yes <input type="checkbox"/> no
<p>Breakfast Menu 3 – Grades K-12 Brown rice, ½ cup Turkey Sausage Patty, 1 each (1 oz. eq meat/meat alternate) Sliced Peaches, ½ cup Pineapple, ½ cup Choice of 1% unflavored or fat-free chocolate milk, 1 cup</p> <div style="display: flex; justify-content: space-around; align-items: center;">      </div>	<input type="checkbox"/> yes <input type="checkbox"/> no