

**FFVP NEWS #5: Welcome to FFVP!**  
**October 2015**

- The purpose of FFVP News is to provide brief reminders, updates and news that you can use to make your FFV program the best ever your school. Throughout this eNEWS, I have embedded helpful links (in blue) for you to click on to get more information on various FFVP topics and resources. Please click on these links!
- FFVP News will be emailed bimonthly. I will also forward FFVP schools emails I receive from USDA and other organizations regarding resources, webinars, conferences and funding opportunities.
- Thank you for taking the time to read these emails and please feel free to send me feedback and questions. Mahalo, Jen

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**1. WELCOME TO FFVP:** Aloha Fresh Fruit and Vegetable Program (FFVP) Coordinators! We are so happy that your school has been selected to participate in the FFV Program! You are receiving this email because you are the FFVP Coordinator for your school in HCNP Systems. As the coordinator, we hope you will forward this email to teachers, staff, parents and volunteers who assist you in assuring that the [Fresh Fruit and Vegetable Program](#) is a success in your school.

**2. 2015-16 ALLOCATIONS:** This year, we allocated over \$2 million to [72 schools](#) - 60 public schools and 12 charter and private schools. We receive approximately the same amount of funding from the USDA each year, thus school allocations depend on the number of schools that apply for the program. Most schools received \$62.50 or \$75 per student to purchase fresh fruit and vegetable snack for the entire year. I strongly encourage you to create an estimated FFVP Menu and Budget so that your allocation will be used wisely and will last for the entire school year.

**3. WHAT YOU CAN BUY WITH FFVP FUNDS?:** According to the FFVP Handbook, most of your FFVP allocation should be used to purchase fresh fruit and vegetables that will be eaten by your students. Click here for a [flyer](#) that describes what you can and cannot buy. Please do not purchase dried fruits or decorative pumpkins! Non-food expenses such as equipment, supplies and labor must be reasonable and carefully reviewed. Please call me if you are planning to purchase equipment or have any questions about labor and supply costs and I will review with you what are acceptable non-food costs.

**4. FREE FFVP BOOKS:** Your school should have received a box of six nonfiction nutrition books from Follett Library Services. These books have already BEEN PAID for by the Hawaii Child Nutrition Program.

- SASA or Clerk: **Please mail the packing slip from the box to HCNP.**
- PRINCIPAL: Please forward this email to your librarian, reading specialist or curriculum coordinator so that they know these books are available to help integrate Nutrition Education into your language arts and science curriculum. Our hope is that students will be more aware of fruits and vegetable and

## 5. NUTRITION EDUCATION RESOURCES:

**FFVP MINI POSTERS A-Z:** Last school year, Roosevelt High School student, Kimberly Morishige spent a good portion of her senior year earning her Girl Scout Gold Award by creating colorful one-page [mini posters](#) of fruits and vegetables from Acai berries to Zucchini. Thanks to her hard work and generosity, we have posted 40 of these [product pages](#) for you to use to teach students about the fruit or vegetable they are eating. PDFs of the pages can be found at HCNP's website under FFVP Nutrition Education <[hcnp.hawaii.gov/overview/ffvp/](http://hcnp.hawaii.gov/overview/ffvp/)>. Mahalo to Kim for assisting schools implement the Nutrition Education aspect of FFVP!

**HAWAIIAN HARVEST:** Kokua Hawaii Foundation created a wonderful FFVP resource called [Fresh Choice Hawaiian Harvest](#). Earlier this year, the Foundation mailed the folder, poster and [laminated cards](#) to FFVP schools. HCNP has reprinted the resource and will be mailing the packet to all new FFVP schools. If you would like an additional copy, please email me and I will send them out until our inventory has been depleted. First come, first serve!

Mahalo once again for participating in the FFV program! We hope you have a successful FFVP year!

Jennifer Dang, MPH  
FFVP & Special Projects Coordinator  
Hawaii Child Nutrition Program (HCNP)  
650 Iwilei, Suite 270  
Honolulu, HI 96817  
Office: 808-587-3600  
Mobile: 808-224-0086  
[jennifer\\_dang@notes.k12.hi.us](mailto:jennifer_dang@notes.k12.hi.us)