

DOE- -SCHOOL FOOD SERVICES

onited States Department of

Agriculture

JAN & 2002

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Food and Nutrition Service

SUBJECT:

Change in the Crediting of Poi as a Grains/Bread

3101 Park Center Drive TO:

Allen Ng

Regional Administrator

Alexandria, VA 22302-1500 Western Regional Office

& Murano

This memo is in reference to a request from the Hawaii State Agency to review a 1991 decision requiring 1 cup of poi to credit as 1 slice of bread. In a March 4, 1991, memorandum, poi, taro and breadfruit were accepted as grains/breads to accommodate the cultural and dietary differences in the State of Hawaii.

We reviewed the decision made in 1991 and have concluded that the crediting for poi should be changed. The 1991 decision was based on the belief that the level of iron in poi was low. When recent nutritional data was reviewed, it showed that the iron content was high enough to reduce the portion size. Therefore, ½ cup of poi provides 1 serving of grains/breads. This is a change from the previous requirement to serve 1 cup of poi as 1 grains/bread serving.

Please note that taro and breadfruit still require 1 cup to provide 1 serving of grains/breads. Based on the nutritional breakdown of taro and breadfruit, no change was made.

The Hawaii State Agency still retains the authority to grant these exceptions State-wide as provided in the original memo. Please contact Stanley Garnett, if you have any further questions related to the above subject.

Peter S. Murano

Deputy Administrator

Special Nutrition Programs



United States partment of Agriculture

Food and Nutrition Service

Western Region

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Ms. Donna Matsufuru Interim Director Office of Hawaii Child Nutrition Programs 1106 Koko Head Avenue Honolulu, HI 96816 Dear Ms. Matsufuru:

Dear Ms. Matsufuru:

In an e-mail sent on September 16, 2002, the Food and Nutrition Service communicated a crediting change in the portion size for poi. The update established that ½ cup of poi is creditable as one grain/bread serving in the Child Nutrition Programs.

The enclosed memorandum provides official notification of this change. If you have further questions, please contact me at (415) 705-2229.

Sincerely,

JANET ALLEN, Director Special Nutrition Programs

Western Region

Enclosure (1)

CC: Reese Payton