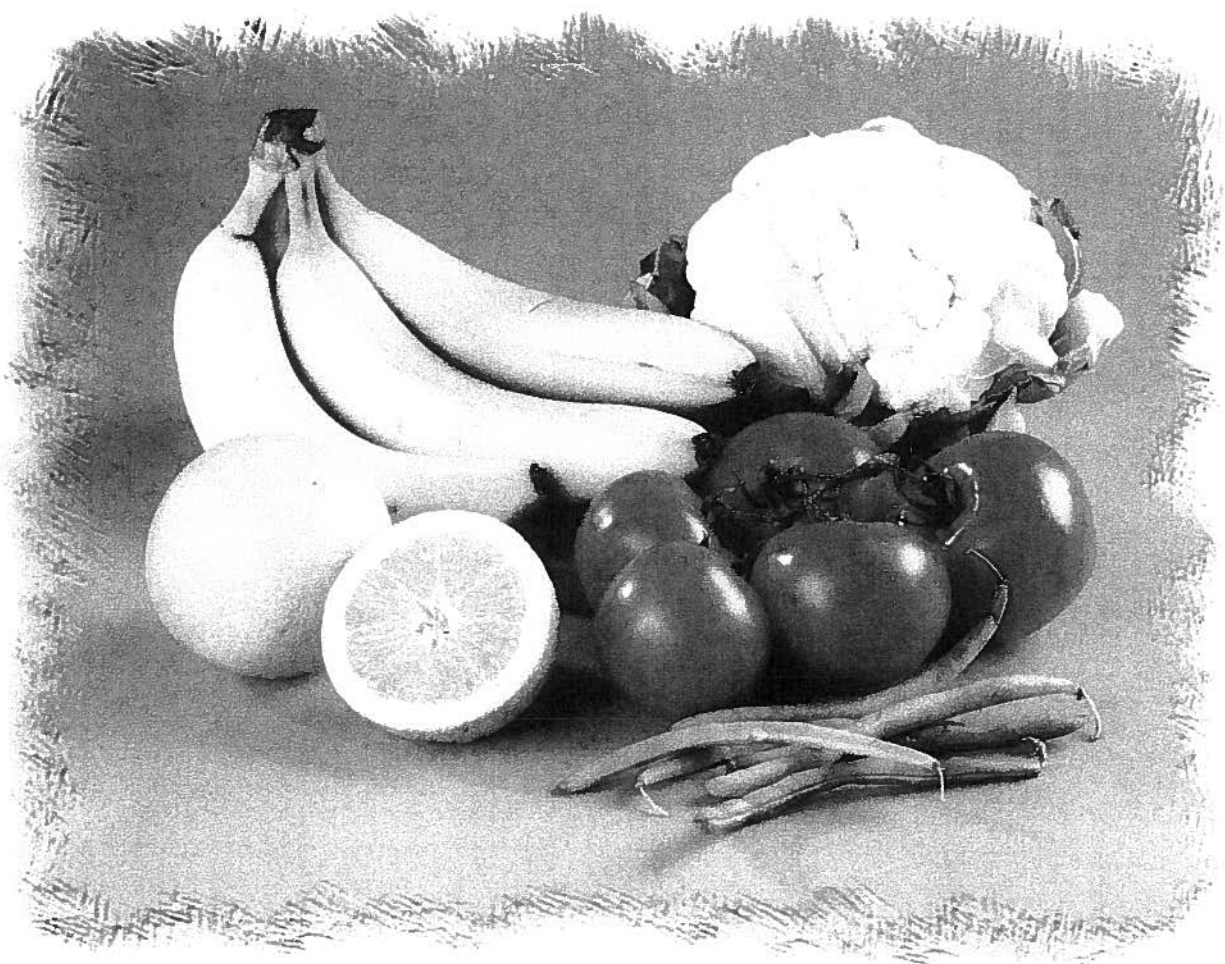


## Fruits

**NOTE:** The lower half of each page in the Fruit section is calculated for 1/2 cup portions. This meets all of the breakfast requirement for adults and children 6–12 years old and part of the 3/4 cup total required at lunch, supper, and snack.



**Apples: canned, sliced**

Purchase Unit: #10 can

Serving Size: 1/4 cup

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	#10 Cans Required	Number of Meals	#10 Cans Required
1	.25	10	.25
2	.25	20	.50
3	.25	30	.75
4	.25	40	1.00
5	.25	50	1.00
6	.25	60	1.25
7	.25	70	1.50
8	.25	80	1.75
9	.25	90	2.00
		100	2.00

**Apples: canned, sliced**

Purchase Unit: #10 can

Serving Size: 1/2 cup

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	#10 Cans Required	Number of Meals	#10 Cans Required
1	.25	10	.50
2	.25	20	1.00
3	.25	30	1.25
4	.25	40	1.75
5	.25	50	2.00
6	.25	60	2.50
7	.50	70	3.00
8	.50	80	3.25
9	.50	90	3.75
		100	4.00

**Apples: fresh**

Purchase Unit: pound

Serving Size: 1/4 cup, **cooked**

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	1.50
2	.50	20	3.00
3	.50	30	4.50
4	.75	40	6.00
5	.75	50	7.50
6	1.00	60	9.00
7	1.25	70	10.50
8	1.25	80	11.75
9	1.50	90	13.25
		100	14.75

**Apples: fresh**

Purchase Unit: pound

Serving Size: 1/2 cup, **cooked**

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.50	10	3.00
2	.75	20	6.00
3	1.00	30	9.00
4	1.25	40	11.75
5	1.50	50	14.75
6	1.75	60	17.75
7	2.25	70	20.75
8	2.50	80	23.50
9	2.75	90	26.50
		100	29.50

**Apples: fresh**

Purchase Unit: pound

Serving Size: 1/4 cup, **raw** (1/2 of a small apple)

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	1.00
2	.25	20	1.75
3	.25	30	2.50
4	.50	40	3.50
5	.50	50	4.25
6	.50	60	5.00
7	.75	70	6.00
8	.75	80	6.75
9	.75	90	7.50
		100	8.50

**Apples: fresh**

Purchase Unit: pound

Serving Size: 1/2 cup, **raw** (one small apple)

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	1.75
2	.50	20	3.50
3	.50	30	5.00
4	.75	40	6.75
5	1.00	50	8.50
6	1.00	60	10.00
7	1.25	70	11.75
8	1.50	80	13.50
9	1.50	90	15.00
		100	16.75

**Applesauce: smooth or chunky**

Purchase Unit: #303 can

Serving Size: 1/4 cup

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	#303 Cans Required	Number of Meals	#303 Cans Required
1	.25	10	1.50
2	.50	20	3.00
3	.50	30	4.25
4	.75	40	5.75
5	.75	50	7.25
6	1.00	60	8.50
7	1.00	70	10.00
8	1.25	80	11.50
9	1.50	90	13.00
		100	14.25

**Applesauce: smooth or chunky**

Purchase Unit: #303 Can

Serving size: 1/2 cup

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	#303 Cans Required	Number of Meals	#303 Cans Required
1	.50	10	3.00
2	.75	20	5.75
3	1.00	30	8.50
4	1.25	40	11.50
5	1.50	50	14.25
6	1.75	60	17.25
7	2.00	70	20.00
8	2.50	80	22.75
9	2.75	90	25.75
		100	28.50

**Applesauce: smooth or chunky**

Purchase Unit: #10 can

Serving Size: 1/4 cup

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	#10 Cans Required	Number of Meals	#10 Cans Required
1	.25	10	.25
2	.25	20	.50
3	.25	30	.75
4	.25	40	1.00
5	.25	50	1.25
6	.25	60	1.25
7	.25	70	1.50
8	.25	80	1.75
9	.25	90	2.00
		100	2.25

**Applesauce: smooth or chunky**

Purchase Unit: #10 can

Serving Size: 1/2 cup

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	#10 Cans Required	Number of Meals	#10 Cans Required
1	.25	10	.50
2	.25	20	1.00
3	.25	30	1.25
4	.25	40	1.75
5	.25	50	2.25
6	.25	60	2.50
7	.50	70	3.00
8	.50	80	3.50
9	.50	90	4.00
		100	4.25

**Apricots: canned, halves**

Purchase Unit: #303 can

Serving Size: 1/4 cup, drained fruit

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	#303 Cans Required	Number of Meals	#303 Cans Required
1	.25	10	2.25
2	.50	20	4.50
3	.75	30	6.75
4	1.00	40	9.00
5	1.25	50	11.25
6	1.50	60	13.50
7	1.75	70	15.75
8	2.00	80	18.00
9	2.25	90	20.25
		100	22.50

**Apricots: canned, halves**

Purchase Unit: #303 can

Serving Size: 1/2 cup, drained fruit

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	#303 Cans Required	Number of Meals	#303 Cans Required
1	.50	10	4.50
2	1.00	20	9.00
3	1.50	30	13.50
4	2.00	40	18.00
5	2.25	50	22.50
6	2.75	60	27.00
7	3.25	70	31.50
8	3.75	80	36.00
9	4.25	90	40.50
		100	45.00

**Apricots: canned, halves**

Purchase Unit: #2 1/2 can

Serving Size: 1/4 cup, drained fruit

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	#2 1/2 Cans Required	Number of Meals	#2 1/2 Cans Required
1	.25	10	1.25
2	.25	20	2.50
3	.50	30	3.75
4	.50	40	5.00
5	.75	50	6.25
6	.75	60	7.50
7	1.00	70	8.75
8	1.00	80	10.00
9	1.25	90	11.25
		100	12.50

**Apricots: canned, halves**

Purchase Unit: #2 1/2 can

Serving Size: 1/2 cup, drained fruit

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	#2 1/2 Cans Required	Number of Meals	#2 1/2 Cans Required
1	.25	10	2.50
2	.50	20	5.00
3	.75	30	7.50
4	1.00	40	10.00
5	1.25	50	12.50
6	1.50	60	15.00
7	1.75	70	17.50
8	2.00	80	20.00
9	2.25	90	22.50
		100	25.00



**Apricots: canned, halves**

Purchase Unit: #10 can

Serving Size: 1/4 cup, drained fruit

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	#10 Cans Required	Number of Meals	#10 Cans Required
1	.25	10	.50
2	.25	20	.75
3	.25	30	1.00
4	.25	40	1.50
5	.25	50	1.75
6	.25	60	2.00
7	.25	70	2.25
8	.25	80	2.75
9	.50	90	3.00
		100	3.25

**Apricots: canned, halves**

Purchase Unit: #10 can

Serving Size: 1/2 cup, drained fruit

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	#10 Cans Required	Number of Meals	#10 Cans Required
1	.25	10	.75
2	.25	20	1.50
3	.25	30	2.00
4	.25	40	2.75
5	.50	50	3.25
6	.50	60	4.00
7	.50	70	4.50
8	.50	80	5.25
9	.75	90	5.75
		100	6.50

**Bananas: fresh**

Purchase Unit: pound

Serving Size: 1/4 cup, raw, approximately 1/2 small banana

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	1.75
2	.50	20	3.25
3	.50	30	4.75
4	.75	40	6.25
5	1.00	50	7.75
6	1.00	60	9.50
7	1.25	70	11.00
8	1.25	80	12.50
9	1.50	90	14.00
		100	15.50

**Bananas: fresh**

Purchase Unit: pound

Serving Size: 1/2 cup, raw, approximately 1 small banana

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.50	10	3.25
2	.75	20	6.25
3	1.00	30	9.50
4	1.25	40	12.50
5	1.75	50	15.50
6	2.00	60	18.75
7	2.25	70	21.75
8	2.50	80	24.75
9	3.00	90	28.00
		100	31.00

**Blueberries: fresh**

Purchase Unit: pound

Serving Size: 1/4 cup, raw

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	1.00
2	.25	20	1.75
3	.25	30	2.50
4	.50	40	3.50
5	.50	50	4.25
6	.50	60	5.25
7	.75	70	6.00
8	.75	80	6.75
9	.75	90	7.75
		100	8.50

**Blueberries: fresh**

Purchase Unit: pound

Serving Size: 1/2 cup, raw

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	1.75
2	.50	20	3.50
3	.50	30	5.25
4	.75	40	6.75
5	1.00	50	8.50
6	1.00	60	10.25
7	1.25	70	11.75
8	1.50	80	13.50
9	1.50	90	15.25
		100	17.00

**Cantaloupe: fresh, cubed**

Purchase Unit: pound

Serving Size: 1/4 cup

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	1.75
2	.50	20	3.50
3	.50	30	5.25
4	.75	40	7.00
5	1.00	50	8.75
6	1.25	60	10.50
7	1.25	70	12.25
8	1.50	80	13.75
9	1.75	90	15.50
		100	17.25

**Cantaloupe: fresh, cubed**

Purchase Unit: pound

Serving Size: 1/2 cup

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.50	10	3.50
2	.75	20	7.00
3	1.25	30	10.50
4	1.50	40	13.75
5	1.75	50	17.25
6	2.25	60	20.75
7	2.50	70	24.25
8	2.75	80	27.50
9	3.25	90	31.00
		100	34.50

**Cranberry: sauce, strained or whole**

Purchase Unit: #303 can

Serving Size: 1/4 cup

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	#303 Cans Required	Number of Meals	#303 Cans Required
1	.25	10	1.75
2	.50	20	3.25
3	.50	30	4.75
4	.75	40	6.25
5	1.00	50	7.75
6	1.00	60	9.25
7	1.25	70	10.75
8	1.25	80	12.25
9	1.50	90	14.00
		100	15.50

**Cranberry: sauce, strained or whole**

Purchase Unit: #10 can

Serving Size: 1/4 cup

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	#10 Cans Required	Number of Meals	#10 Cans Required
1	.25	10	.25
2	.25	20	.50
3	.25	30	.75
4	.25	40	1.00
5	.25	50	1.25
6	.25	60	1.25
7	.25	70	1.50
8	.25	80	1.75
9	.25	90	2.00
		100	2.25

**Fruit Cocktail**

Purchase Unit: #2 1/2 can

Serving Size: 1/4 cup, drained fruit

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	#2 1/2 Cans Required	Number of Meals	#2 1/2 Cans Required
1	.25	10	1.25
2	.25	20	2.25
3	.50	30	3.50
4	.50	40	4.50
5	.75	50	5.50
6	.75	60	6.75
7	.75	70	7.75
8	1.00	80	8.75
9	1.00	90	10.00
		100	11.00

**Fruit Cocktail**

Purchase Unit: #2 1/2 can

Serving Size: 1/2 cup, drained fruit

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	#2 1/2 Cans Required	Number of Meals	#2 1/2 Cans Required
1	.25	10	2.25
2	.50	20	4.50
3	.75	30	6.75
4	1.00	40	8.75
5	1.25	50	11.00
6	1.50	60	13.25
7	1.50	70	15.25
8	1.75	80	17.50
9	2.00	90	19.75
		100	22.00

**Fruit Cocktail**

Purchase Unit: #10 can

Serving Size: 1/4 cup, drained fruit

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	#10 Cans Required	Number of Meals	#10 Cans Required
1	.25	10	.50
2	.25	20	.75
3	.25	30	1.00
4	.25	40	1.25
5	.25	50	1.50
6	.25	60	1.75
7	.25	70	2.25
8	.25	80	2.50
9	.25	90	2.75
		100	3.00

**Fruit Cocktail**

Purchase Unit: #10 can

Serving Size: 1/2 cup, drained fruit

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	#10 Cans Required	Number of Meals	#10 Cans Required
1	.25	10	.75
2	.25	20	1.25
3	.25	30	1.75
4	.25	40	2.50
5	.50	50	3.00
6	.50	60	3.50
7	.50	70	4.25
8	.50	80	4.75
9	.50	90	5.25
		100	6.00

**Grapefruit: fresh**

Purchase Unit: pound

Serving Size: 1/4 cup, about 1/4 large grapefruit

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	2.50
2	.50	20	5.00
3	.75	30	7.50
4	1.00	40	10.00
5	1.25	50	12.50
6	1.50	60	15.00
7	1.75	70	17.50
8	2.00	80	20.00
9	2.25	90	22.50
		100	25.00

**Grapefruit: fresh**

Purchase Unit: pound

Serving Size: 1/2 cup, about 1/2 large grapefruit

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.50	10	5.00
2	1.00	20	10.00
3	1.50	30	15.00
4	2.00	40	20.00
5	2.50	50	25.00
6	3.00	60	30.00
7	3.50	70	35.00
8	4.00	80	40.00
9	4.50	90	45.00
		100	50.00



**Grapes: fresh, seedless**

Purchase Unit: pound

Serving Size: 1/4 cup, about 9 grapes

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	1.00
2	.25	20	2.00
3	.50	30	3.00
4	.50	40	4.00
5	.50	50	5.00
6	.75	60	6.00
7	.75	70	7.00
8	1.00	80	8.00
9	1.00	90	9.00
		100	10.00

**Grapes: fresh, seedless**

Purchase Unit: pound

Serving Size: 1/2 cup, about 18 grapes

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	2.00
2	.50	20	4.00
3	.75	30	6.00
4	1.00	40	8.00
5	1.00	50	10.00
6	1.25	60	12.00
7	1.50	70	14.00
8	1.75	80	16.00
9	2.00	90	18.00
		100	20.00

**Juice: fruit or vegetable**

Purchase Unit: #3 cyl. can (approximately 46 ounces)

Serving Size: 1/4 cup

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	#3 Cyl. Cans Required	Number of Meals	#3 Cyl. Cans Required
1	.25	10	.50
2	.25	20	1.00
3	.25	30	1.50
4	.25	40	1.75
5	.25	50	2.25
6	.25	60	2.75
7	.50	70	3.25
8	.50	80	3.50
9	.50	90	4.00
		100	4.50

**Juice: fruit or vegetable**

Purchase Unit: #3 cyl. can (approximately 46 ounces)

Serving Size: 1/2 cup

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	#3 Cyl. Cans Required	Number of Meals	#3 Cyl. Cans Required
1	.25	10	1.00
2	.25	20	1.75
3	.25	30	2.75
4	.50	40	3.50
5	.50	50	4.50
6	.75	60	5.50
7	.75	70	6.25
8	.75	80	7.25
9	1.00	90	8.00
		100	9.00

**Juice: fruit or vegetable**

Purchase Unit: 12 ounce can, frozen, concentrate

Serving Size: 1/4 cup reconstituted (1 tablespoon concentrate)

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	12 Ounce Cans Required	Number of Meals	12 Ounce Cans Required
1	.25	10	.50
2	.25	20	1.00
3	.25	30	1.25
4	.25	40	1.75
5	.25	50	2.00
6	.25	60	2.50
7	.50	70	3.00
8	.50	80	3.25
9	.50	90	3.75
		100	4.00

**Juice: fruit or vegetable**

Purchase Unit: 12 ounce can, frozen, concentrate

Serving Size: 1/2 cup reconstituted (2 tablespoons concentrated)

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	12 Ounce Cans Required	Number of Meals	12 Ounce Cans Required
1	.25	10	1.00
2	.25	20	1.75
3	.25	30	2.50
4	.50	40	3.50
5	.50	50	4.25
6	.50	60	5.25
7	.75	70	6.00
8	.75	80	6.75
9	.75	90	7.75
		100	8.50

**Juice: fruit or vegetable**

Purchase Unit: 32 ounce can, frozen, concentrate

Serving Size: 1/4 cup reconstituted (1 tablespoon concentrate)

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	32 Ounce Cans Required	Number of Meals	32 Ounce Cans Required
1	.25	10	.25
2	.25	20	.50
3	.25	30	.50
4	.25	40	.75
5	.25	50	1.00
6	.25	60	1.00
7	.25	70	1.25
8	.25	80	1.50
9	.25	90	1.50
		100	1.75

**Juice: fruit or vegetable**

Purchase Unit: 32 ounce can, frozen, concentrate

Serving Size: 1/2 cup reconstituted (2 tablespoons concentrate)

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	32 Ounce Cans Required	Number of Meals	32 Ounce Cans Required
1	.25	10	.50
2	.25	20	.75
3	.25	30	1.00
4	.25	40	1.50
5	.25	50	1.75
6	.25	60	2.00
7	.25	70	2.25
8	.25	80	2.75
9	.50	90	3.00
		100	3.25

**Juice: fruit or vegetable**

Purchase Unit: 32 ounce = one quart (1 quart, ready to drink 100% juice)

Serving Size: 1/4 cup

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	Quarts Required	Number of Meals	Quarts Required
1	.25	10	.75
2	.25	20	1.50
3	.25	30	2.00
4	.25	40	2.75
5	.50	50	3.25
6	.50	60	4.00
7	.50	70	4.50
8	.50	80	5.25
9	.75	90	5.75
		100	6.50

**Juice: fruit or vegetable**

Purchase Unit: 32 ounce = one quart (1 quart, ready to drink 100% juice)

Serving Size: 1/2 cup

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	Quarts Required	Number of Meals	Quarts Required
1	.25	10	1.50
2	.50	20	2.75
3	.50	30	4.00
4	.75	40	5.25
5	.75	50	6.50
6	1.00	60	7.75
7	1.00	70	9.00
8	1.25	80	10.25
9	1.25	90	11.50
		100	12.75

**Kiwifruit: fresh**

Purchase Unit: pound

Serving Size: 1/4 cup

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	1.50
2	.50	20	3.00
3	.50	30	4.50
4	.75	40	6.00
5	.75	50	7.25
6	1.00	60	8.75
7	1.25	70	10.25
8	1.25	80	11.75
9	1.50	90	13.25
		100	14.50

**Kiwifruit: fresh**

Purchase Unit: pound

Serving Size: 1/2 cup

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.50	10	3.00
2	.75	20	6.00
3	1.00	30	8.75
4	1.25	40	11.75
5	1.50	50	14.50
6	1.75	60	17.50
7	2.25	70	20.50
8	2.50	80	23.25
9	2.75	90	26.25
		100	29.00

**Mangos: fresh**

Purchase Unit: pound

Serving Size: 1/4 cup, cubed or sliced

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	1.50
2	.25	20	2.75
3	.50	30	4.00
4	.75	40	5.50
5	.75	50	6.75
6	1.00	60	8.00
7	1.00	70	9.25
8	1.25	80	10.75
9	1.25	90	12.00
		100	13.25

**Mangos: fresh**

Purchase Unit: pound

Serving Size: 1/2 cup, cubed or sliced

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	2.75
2	.75	20	5.25
3	1.00	30	8.00
4	1.25	40	10.50
5	1.50	50	13.25
6	1.75	60	16.00
7	2.00	70	18.50
8	2.25	80	21.25
9	2.50	90	23.75
		100	26.50

**Nectarines: fresh**

Purchase Unit: pound

Serving Size: 1/4 cup, raw, halves

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	1.25
2	.25	20	2.50
3	.50	30	3.50
4	.50	40	4.75
5	.75	50	6.00
6	.75	60	7.00
7	1.00	70	8.25
8	1.00	80	9.50
9	1.25	90	10.50
		100	11.75

**Nectarines: fresh**

Purchase Unit: pound

Serving Size: 1/2 cup, raw, approximately 1 small

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	2.75
2	.50	20	5.25
3	1.00	30	8.00
4	1.25	40	10.50
5	1.50	50	13.25
6	1.75	60	15.75
7	2.00	70	18.50
8	2.25	80	21.00
9	2.50	90	23.50
		100	26.25



**Oranges: canned, Mandarin**

Purchase Unit: pound

Serving Size: 1/4 cup, fruit and juice

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	1.50
2	.25	20	2.75
3	.50	30	4.25
4	.75	40	5.50
5	.75	50	7.00
6	1.00	60	8.25
7	1.00	70	9.75
8	1.25	80	11.00
9	1.25	90	12.50
		100	13.75

**Oranges: canned, Mandarin**

Purchase Unit: pound

Serving Size: 1/2 cup, fruit and juice

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	2.75
2	.75	20	5.50
3	1.00	30	8.25
4	1.25	40	11.00
5	1.50	50	13.75
6	1.75	60	16.50
7	2.00	70	19.25
8	2.25	80	22.00
9	2.50	90	24.75
		100	27.50

**Oranges: fresh**

Purchase Unit: pound

Serving Size: 1/4 cup, raw (1/2 of a medium orange)

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	1.50
2	.50	20	2.75
3	.50	30	4.25
4	.75	40	5.75
5	.75	50	7.00
6	1.00	60	8.50
7	1.00	70	9.75
8	1.25	80	11.25
9	1.25	90	12.50
		100	14.00

**Oranges: fresh**

Purchase Unit: pound

Serving Size: 1/2 cup, raw (one medium orange)

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.50	10	2.75
2	.75	20	5.50
3	1.00	30	8.50
4	1.25	40	11.25
5	1.50	50	14.00
6	1.75	60	16.75
7	2.00	70	19.50
8	2.25	80	22.25
9	2.50	90	25.00
		100	27.75

**Papaya: fresh**

Purchase Unit: pound

Serving Size: 1/4 cup, cubed

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	1.25
2	.25	20	2.50
3	.50	30	3.50
4	.50	40	4.75
5	.75	50	6.00
6	.75	60	7.00
7	1.00	70	8.25
8	1.00	80	9.50
9	1.25	90	10.50
		100	11.75

**Papaya: fresh**

Purchase Unit: pound

Serving Size: 1/2 cup, cubed

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	2.50
2	.50	20	4.75
3	.75	30	7.00
4	1.00	40	9.50
5	1.25	50	11.75
6	1.50	60	14.00
7	1.75	70	16.50
8	2.00	80	18.75
9	2.25	90	21.00
		100	23.50

**Papaya: fresh**

Purchase Unit: pound

Serving Size: 1/4 cup, mashed

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	2.00
2	.50	20	4.00
3	.75	30	6.00
4	1.00	40	8.00
5	1.00	50	10.00
6	1.25	60	11.75
7	1.50	70	13.75
8	1.75	80	15.75
9	1.75	90	17.75
		100	19.75

**Papaya: fresh**

Purchase Unit: pound

Serving Size: 1/2 cup, mashed

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.50	10	4.00
2	1.00	20	8.00
3	1.25	30	11.75
4	1.75	40	15.75
5	2.00	50	19.75
6	2.50	60	23.50
7	2.75	70	27.50
8	3.25	80	31.50
9	3.75	90	35.50
		100	39.25

**Peaches: canned, diced**

Purchase Unit: #2 1/2 can

Serving Size: 1/4 cup, drained fruit

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	#2 1/2 Cans Required	Number of Meals	#2 1/2 Cans Required
1	.25	10	1.25
2	.25	20	2.25
3	.50	30	3.50
4	.50	40	4.50
5	.75	50	5.50
6	.75	60	6.75
7	1.00	70	8.00
8	1.00	80	9.00
9	1.00	90	10.00
		100	11.25

**Peaches: canned, diced**

Purchase Unit: #2 1/2 Can

Serving Size: 1/2 cup, drained fruit

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	#2 1/2 Cans Required	Number of Meals	#2 1/2 Cans Required
1	.25	10	2.25
2	.50	20	4.50
3	.75	30	6.75
4	1.00	40	9.00
5	1.25	50	11.25
6	1.50	60	13.50
7	1.75	70	16.00
8	2.00	80	18.00
9	2.00	90	20.00
		100	22.25

**Peaches: canned, diced**

Purchase Unit: #10 can

Serving Size: 1/4 cup, drained fruit

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	#10 Cans Required	Number of Meals	#10 Cans Required
1	.25	10	.50
2	.25	20	.75
3	.25	30	1.00
4	.25	40	1.25
5	.25	50	1.50
6	.25	60	1.75
7	.25	70	2.00
8	.25	80	2.25
9	.25	90	2.50
		100	2.75

**Peaches: canned, diced**

Purchase Unit: #10 can

Serving Size: 1/2 cup, drained fruit

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	#10 Cans Required	Number of Meals	#10 Cans Required
1	.25	10	.75
2	.25	20	1.25
3	.25	30	1.75
4	.25	40	2.25
5	.50	50	2.75
6	.50	60	3.50
7	.50	70	4.00
8	.50	80	4.50
9	.50	90	5.00
		100	5.50

**Peaches: fresh, diced**

Purchase Unit: pound

Serving Size: 1/4 cup, raw

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	2.00
2	.50	20	4.00
3	.75	30	6.00
4	1.00	40	7.75
5	1.00	50	9.75
6	1.25	60	11.75
7	1.50	70	13.50
8	1.75	80	15.50
9	1.75	90	17.50
		100	19.50

**Peaches: fresh**

Purchase Unit: pound

Serving Size: 1/2 cup, raw, about 1 small

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.50	10	2.75
2	.75	20	5.50
3	1.00	30	8.00
4	1.25	40	10.75
5	1.50	50	13.50
6	1.75	60	16.00
7	2.00	70	18.75
8	2.25	80	21.50
9	2.50	90	24.25
		100	26.75

**Peaches: frozen, sliced**

Purchase Unit: pound

Serving Size: 1/4 cup

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	1.25
2	.25	20	2.75
3	.50	30	4.00
4	.50	40	5.25
5	.75	50	6.50
6	.75	60	7.75
7	1.00	70	9.25
8	1.00	80	10.50
9	1.25	90	11.75
		100	13.00

**Peaches: frozen, sliced**

Purchase Unit: pound

Serving Size: 1/2 cup

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	2.75
2	.50	20	5.50
3	1.00	30	8.25
4	1.25	40	11.00
5	1.50	50	13.50
6	1.75	60	16.25
7	2.00	70	19.00
8	2.25	80	21.75
9	2.50	90	24.50
		100	27.00



**Pears: canned, diced**

Purchase Unit: #2 1/2 can

Serving Size: 1/4 cup, drained fruit

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	#2 1/2 Cans Required	Number of Meals	#2 1/2 Cans Required
1	.25	10	1.00
2	.25	20	2.00
3	.50	30	3.00
4	.50	40	4.00
5	.75	50	5.00
6	.75	60	5.75
7	.75	70	6.75
8	1.00	80	7.75
9	1.00	90	8.75
		100	9.75

**Pears: canned, diced**

Purchase Unit: #2 1/2 can

Serving Size: 1/2 cup, drained fruit

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	#2 1/2 Cans Required	Number of Meals	#2 1/2 Cans Required
1	.25	10	2.00
2	.50	20	4.00
3	.75	30	5.75
4	1.00	40	7.75
5	1.00	50	9.75
6	1.25	60	11.50
7	1.50	70	13.50
8	1.75	80	15.25
9	1.75	90	17.25
		100	19.25

**Pears: canned, diced**

Purchase Unit: #10 can

Serving Size: 1/4 cup, drained fruit

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	#10 Cans Required	Number of Meals	#10 Cans Required
1	.25	10	.50
2	.25	20	.75
3	.25	30	1.00
4	.25	40	1.25
5	.25	50	1.50
6	.25	60	1.75
7	.25	70	2.00
8	.25	80	2.25
9	.25	90	2.50
		100	2.75

**Pears: canned, diced**

Purchase Unit: #10 can

Serving Size: 1/2 cup, drained fruit

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	#10 Cans Required	Number of Meals	#10 Cans Required
1	.25	10	.75
2	.25	20	1.25
3	.25	30	1.75
4	.25	40	2.25
5	.50	50	2.75
6	.50	60	3.25
7	.50	70	3.75
8	.50	80	4.25
9	.50	90	4.75
		100	5.50

**Pears: fresh, cubed, or sliced**

Purchase Unit: pound

Serving Size: 1/4 cup, raw

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	1.50
2	.50	20	3.00
3	.50	30	4.25
4	.75	40	5.75
5	.75	50	7.00
6	1.00	60	8.50
7	1.00	70	10.00
8	1.25	80	11.25
9	1.25	90	12.75
		100	14.00

**Pears: fresh, cubed, or sliced**

Purchase Unit: pound

Serving Size: 1/2 cup, raw, about 1 small

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	2.50
2	.50	20	5.00
3	.75	30	7.25
4	1.00	40	9.75
5	1.25	50	12.25
6	1.50	60	14.50
7	1.75	70	17.00
8	2.00	80	19.50
9	2.25	90	21.75
		100	24.25

**Pineapple: canned, chunks**

Purchase Unit: #2 can

Serving Size: 1/4 cup, drained fruit

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	#2 Cans Required	Number of Meals	#2 Cans Required
1	.25	10	1.75
2	.50	20	3.25
3	.50	30	5.00
4	.75	40	6.50
5	1.00	50	8.00
6	1.00	60	9.75
7	1.25	70	11.25
8	1.50	80	13.00
9	1.50	90	14.50
		100	16.25

**Pineapple: canned, chunks**

Purchase Unit: #2 can

Serving Size: 1/2 cup, drained fruit

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	#2 Cans Required	Number of Meals	#2 Cans Required
1	.50	10	3.25
2	.75	20	6.50
3	1.00	30	9.75
4	1.50	40	13.00
5	1.75	50	16.25
6	2.00	60	19.50
7	2.25	70	22.75
8	2.75	80	25.75
9	3.00	90	29.00
		100	32.25

**Pineapple: canned, chunks**

Purchase Unit: #10 can

Serving Size: 1/4 cup, drained fruit

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	#10 Cans Required	Number of Meals	#10 Cans Required
1	.25	10	.50
2	.25	20	.75
3	.25	30	1.00
4	.25	40	1.25
5	.25	50	1.50
6	.25	60	2.00
7	.25	70	2.25
8	.25	80	2.50
9	.50	90	2.75
		100	3.00

**Pineapple: canned, chunks**

Purchase Unit: #10 can

Serving Size: 1/2 cup, drained fruit

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	#10 Cans Required	Number of Meals	#10 Cans Required
1	.25	10	.75
2	.25	20	1.25
3	.25	30	2.00
4	.25	40	2.50
5	.50	50	3.00
6	.50	60	3.75
7	.50	70	4.25
8	.50	80	5.00
9	.75	90	5.50
		100	6.00

**Pineapple: canned, crushed**

Purchase Unit: #2 can

Serving Size: 1/4 cup, drained fruit

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	#2 Cans Required	Number of Meals	#2 Cans Required
1	.25	10	1.50
2	.50	20	3.00
3	.50	30	4.50
4	.75	40	6.00
5	.75	50	7.25
6	1.00	60	8.75
7	1.00	70	10.25
8	1.25	80	11.75
9	1.50	90	13.25
		100	14.50

**Pineapple: canned, crushed**

Purchase Unit: #2 can

Serving Size: 1/2 cup, drained fruit

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	#2 Cans Required	Number of Meals	#2 Cans Required
1	.50	10	3.00
2	.75	20	6.00
3	1.00	30	8.75
4	1.25	40	11.75
5	1.50	50	14.50
6	1.75	60	17.50
7	2.25	70	20.50
8	2.50	80	23.25
9	2.75	90	26.25
		100	29.00

**Pineapple: canned, crushed**

Purchase Unit: #10 can

Serving Size: 1/4 cup, drained fruit

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	#10 Cans Required	Number of Meals	#10 Cans Required
1	.25	10	.25
2	.25	20	.75
3	.25	30	1.00
4	.25	40	1.25
5	.25	50	1.50
6	.25	60	1.75
7	.25	70	2.00
8	.25	80	2.25
9	.25	90	2.50
		100	2.75

**Pineapple: canned, crushed**

Purchase Unit: #10 can

Serving Size: 1/2 cup, drained fruit

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	#10 Cans Required	Number of Meals	#10 Cans Required
1	.25	10	.75
2	.25	20	1.25
3	.25	30	1.75
4	.25	40	2.25
5	.25	50	2.75
6	.50	60	3.25
7	.50	70	4.00
8	.50	80	4.50
9	.50	90	5.00
		100	5.50

**Pineapple: canned, slices**

Purchase Unit: #2 can

Serving Size: 1/4 cup, drained fruit

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	#2 Cans Required	Number of Meals	#2 Cans Required
1	.25	10	1.75
2	.50	20	3.25
3	.50	30	4.75
4	.75	40	6.25
5	1.00	50	7.75
6	1.00	60	9.25
7	1.25	70	11.00
8	1.25	80	12.50
9	1.50	90	14.00
		100	15.50

**Pineapple: canned, slices**

Purchase Unit: #2 can

Serving Size: 1/2 cup, drained fruit

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	#2 Cans Required	Number of Meals	#2 Cans Required
1	.50	10	3.25
2	.75	20	6.25
3	1.00	30	9.25
4	1.25	40	12.50
5	1.75	50	15.50
6	2.00	60	18.50
7	2.25	70	21.75
8	2.50	80	24.75
9	3.00	90	27.75
		100	31.00



**Pineapple: canned, sliced**

Purchase Unit: #10 can

Serving Size: 1/4 cup, drained fruit

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	#10 Cans Required	Number of Meals	#10 Cans Required
1	.25	10	.50
2	.25	20	.75
3	.25	30	1.00
4	.25	40	1.25
5	.25	50	1.75
6	.25	60	2.00
7	.25	70	2.25
8	.25	80	2.50
9	.50	90	3.00
		100	3.25

**Pineapple: canned, sliced**

Purchase Unit: #10 can

Serving Size: 1/2 cup, drained fruit

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack, for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	#10 Cans Required	Number of Meals	#10 Cans Required
1	.25	10	.75
2	.25	20	1.50
3	.25	30	2.00
4	.25	40	2.75
5	.50	50	3.25
6	.50	60	4.00
7	.50	70	4.50
8	.50	80	5.25
9	.75	90	5.75
		100	6.50

**Pineapple: fresh, cubed**

Purchase Unit: 1 pound

Serving Size: 1/4 cup, raw

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	1.75
2	.50	20	3.25
3	.50	30	4.75
4	.75	40	6.25
5	1.00	50	8.00
6	1.00	60	9.50
7	1.25	70	11.00
8	1.25	80	12.50
9	1.50	90	14.25
		100	15.75

**Pineapple: fresh, cubed**

Purchase Unit: pound

Serving Size: 1/2 cup, raw

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.50	10	3.25
2	.75	20	6.25
3	1.00	30	9.50
4	1.25	40	12.50
5	1.75	50	15.50
6	2.00	60	18.75
7	2.25	70	22.00
8	2.50	80	25.00
9	3.00	90	28.25
		100	31.25

**Plums: canned, purple**

Purchase Unit: #2 1/2 can

Serving Size: 1/4 cup, drained fruit

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	#2 1/2 Cans Required	Number of Meals	#2 1/2 Cans Required
1	.25	10	1.25
2	.25	20	2.50
3	.50	30	3.75
4	.50	40	5.00
5	.75	50	6.25
6	.75	60	7.25
7	1.00	70	8.50
8	1.00	80	9.75
9	1.25	90	11.00
		100	12.25

**Plums: canned, purple**

Purchase Unit: #2 1/2 can

Serving Size: 1/2 cup, drained fruit

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	#2 1/2 Cans Required	Number of Meals	#2 1/2 Cans Required
1	.25	10	2.50
2	.50	20	5.00
3	.75	30	7.25
4	1.00	40	9.75
5	1.25	50	12.25
6	1.50	60	14.75
7	1.75	70	17.00
8	2.00	80	19.50
9	2.25	90	22.00
		100	24.25

**Plums: canned, purple**

Purchase Unit: #10 can

Serving Size: 1/4 cup, drained fruit

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	#10 Cans Required	Number of Meals	#10 Cans Required
1	.25	10	.50
2	.25	20	.75
3	.25	30	1.25
4	.25	40	1.50
5	.25	50	1.75
6	.25	60	2.25
7	.25	70	2.50
8	.50	80	2.75
9	.50	90	3.25
		100	3.50

**Plums: canned, purple**

Purchase Unit: #10 can

Serving Size: 1/2 cup, drained fruit

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	#10 Cans Required	Number of Meals	#10 Cans Required
1	.25	10	.75
2	.25	20	1.50
3	.25	30	2.25
4	.50	40	2.75
5	.50	50	3.50
6	.50	60	4.25
7	.50	70	4.75
8	.75	80	5.50
9	.75	90	6.25
		100	7.00

**Plums: fresh, Italian or purple**

Purchase Unit: pound

Serving Size: 1/4 cup, raw, about 1 1/2 plums

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	1.00
2	.25	20	2.00
3	.50	30	3.00
4	.50	40	3.75
5	.50	50	4.75
6	.75	60	5.75
7	.75	70	6.75
8	.75	80	7.75
9	1.00	90	8.50
		100	9.50

**Plums: fresh, Italian or purple**

Purchase Unit: pound

Serving Size: 1/2 cup, raw, about 3 plums

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	2.00
2	.50	20	3.75
3	.75	30	5.75
4	.75	40	7.75
5	1.00	50	9.50
6	1.25	60	11.50
7	1.50	70	13.25
8	1.50	80	15.25
9	1.75	90	17.00
		100	19.00

**Prunes: canned**

Purchase Unit: #10 can

Serving Size: 1/4 cup, fruit and juice

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	#10 Cans Required	Number of Meals	#10 Cans Required
1	.25	10	.25
2	.25	20	.50
3	.25	30	.75
4	.25	40	1.00
5	.25	50	1.25
6	.25	60	1.50
7	.25	70	1.75
8	.25	80	1.75
9	.25	90	2.00
		100	2.25

**Prunes: canned**

Purchase Unit: #10 can

Serving Size: 1/2 cup, fruit and juice

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	#10 Cans Required	Number of Meals	#10 Cans Required
1	.25	10	.50
2	.25	20	1.00
3	.25	30	1.50
4	.25	40	1.75
5	.25	50	2.25
6	.25	60	2.75
7	.50	70	3.25
8	.50	80	3.50
9	.50	90	4.00
		100	4.50

**Prunes: dried**

Purchase Unit: pound

Serving Size: 1/4 cup, with pits

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	1.25
2	.25	20	2.25
3	.50	30	3.25
4	.50	40	4.25
5	.75	50	5.25
6	.75	60	6.25
7	.75	70	7.50
8	1.00	80	8.50
9	1.00	90	9.50
		100	10.50

**Prunes: dried**

Purchase Unit: pound

Serving Size: 1/2 cup, with pits

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	2.25
2	.50	20	4.25
3	.75	30	6.25
4	1.00	40	8.50
5	1.25	50	10.50
6	1.25	60	12.50
7	1.50	70	14.75
8	1.75	80	16.75
9	2.00	90	18.75
		100	21.00

**Prunes: dried, pitted**

Purchase Unit: pound

Serving Size: 1/4 cup

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	1.50
2	.25	20	2.75
3	.50	30	4.25
4	.50	40	5.75
5	.75	50	7.00
6	1.00	60	8.50
7	1.00	70	9.75
8	1.25	80	11.25
9	1.25	90	12.75
		100	14.00

**Prunes: dried, pitted**

Purchase Unit: pound

Serving Size: 1/2 cup

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	2.25
2	.50	20	4.50
3	.75	30	6.75
4	1.00	40	8.75
5	1.25	50	11.00
6	1.50	60	13.25
7	1.75	70	15.50
8	1.75	80	17.75
9	2.00	90	20.00
		100	22.00



**Raisins**

Purchase Unit: pound

Serving Size: 1/4 cup

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	1.00
2	.25	20	1.75
3	.25	30	2.50
4	.50	40	3.25
5	.50	50	4.00
6	.50	60	5.00
7	.75	70	5.75
8	.75	80	6.50
9	.75	90	7.25
		100	8.00

**Raisins**

Purchase Unit: pound

Serving Size: 1/2 cup

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	1.75
2	.50	20	3.25
3	.50	30	5.00
4	.75	40	6.50
5	1.00	50	8.00
6	1.00	60	9.75
7	1.25	70	11.25
8	1.50	80	13.00
9	1.50	90	14.50
		100	16.00

**Star Fruit (Carambola): fresh, sliced**

Purchase Unit: pound

Serving Size: 1/4 cup - approximately 6 1/4-inch slices

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	1.00
2	.25	20	1.75
3	.25	30	2.50
4	.50	40	3.50
5	.50	50	4.25
6	.50	60	5.25
7	.75	70	6.00
8	.75	80	6.75
9	.75	90	7.75
		100	8.50

**Star Fruit (Carambola): fresh, sliced**

Purchase Unit: pound

Serving Size: 1/2 cup - approximately 12 1/4-inch slices

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	1.75
2	.50	20	3.50
3	.50	30	5.00
4	.75	40	6.75
5	1.00	50	8.50
6	1.00	60	10.00
7	1.25	70	11.75
8	1.50	80	13.50
9	1.50	90	15.25
		100	16.75

**Strawberries: fresh**

Purchase Unit: pound

Serving Size: 1/4 cup, raw

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	1.00
2	.25	20	2.00
3	.50	30	3.00
4	.50	40	4.00
5	.50	50	4.75
6	.75	60	5.75
7	.75	70	6.75
8	.75	80	7.75
9	1.00	90	8.75
		100	9.50

**Strawberries: fresh**

Purchase Unit: pound

Serving Size: 1/2 cup, raw

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	2.00
2	.50	20	4.00
3	.75	30	5.75
4	.75	40	7.75
5	1.00	50	9.50
6	1.25	60	11.50
7	1.50	70	13.50
8	1.75	80	15.25
9	1.75	90	17.25
		100	19.00

**Strawberries: frozen, sliced**

Purchase Unit: pound

Serving Size: 1/4 cup

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	1.50
2	.25	20	3.00
3	.50	30	4.50
4	.75	40	6.00
5	.75	50	7.50
6	1.00	60	9.00
7	1.25	70	10.50
8	1.25	80	12.00
9	1.50	90	13.50
		100	15.00

**Strawberries: frozen, sliced**

Purchase Unit: pound

Serving Size: 1/2 cup

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	2.75
2	.50	20	5.50
3	1.00	30	8.25
4	1.25	40	10.25
5	1.50	50	13.50
6	1.75	60	16.25
7	2.00	70	19.00
8	2.25	80	21.75
9	2.50	90	24.50
		100	27.00

**Strawberries: frozen, whole**

Purchase Unit: pound

Serving Size: 1/4 cup

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	2.00
2	.50	20	4.00
3	.75	30	6.00
4	1.00	40	8.00
5	1.00	50	10.00
6	1.25	60	12.00
7	1.50	70	14.00
8	1.75	80	16.00
9	2.00	90	18.00
		100	20.00

**Strawberries: frozen, whole**

Purchase Unit: pound

Serving Size: 1/2 cup

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.50	10	4.00
2	.75	20	8.00
3	1.25	30	12.00
4	1.75	40	16.00
5	2.00	50	20.00
6	2.50	60	24.00
7	3.00	70	28.00
8	3.25	80	32.00
9	3.50	90	36.00
		100	40.00

**Watermelon: fresh, cubed**

Purchase Unit: pound

Serving Size: 1/4 cup, raw

Meal Component Requirement: Meets one serving of Fruit/Vegetable at lunch and supper for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at breakfast, lunch, supper, and snack.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.25	10	1.75
2	.50	20	3.25
3	.50	30	4.75
4	.75	40	6.25
5	1.00	50	7.75
6	1.00	60	9.50
7	1.25	70	11.00
8	1.25	80	12.50
9	1.50	90	14.00
		100	15.50

**Watermelon: fresh, cubed**

Purchase Unit: pound

Serving Size: 1/2 cup, raw

Meal Component Requirement: Meets one serving of Fruit/Vegetable at breakfast and snack for 3 to 6 year olds. Meets part of the Fruit/Vegetable component for adults participating in adult day care centers and children 6 to 12 years old at lunch, supper, and snack; meets all the breakfast requirement.

Number of Meals	Pounds Required	Number of Meals	Pounds Required
1	.50	10	3.25
2	.75	20	6.25
3	1.00	30	9.50
4	1.25	40	12.50
5	1.75	50	15.50
6	2.00	60	18.75
7	2.25	70	21.75
8	2.50	80	25.00
9	3.00	90	28.00
		100	31.00

