Ono Fruits & Veggies
Mai e ‘ai
(Come and Eat)

Sample Lesson Plan
1st Grade

1) Fruit and Veggie Math Workout Handout.
2) What Am I?
3) My Fruit & Veggie Goals
4) It All Starts With Agriculture! Fruit & Veggie Matching Card Game
   Estimated length of activity: 10-15 minutes.

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Fruits and Veggies Math Problems

Name ________________________________

1. You have 3 red cherries and 2 red apples. How many red fruit do you have all together?

   + = _________

2. You had 5 green cucumbers. You gave 2 away to your friend. How many do you have left?

   = _________

3. There are 6 mangoes on the tree. You picked 2. How many are left?

   = _________

4. You picked 3 pea pods from the vine. You already had 4 in your basket. How many do you have in all?

   + = _________
1. You have 3 red cherries and 2 red apples. How many red fruit do you have all together?

\[ \text{cherries} + \text{apples} = 5 \]

2. You had 5 green cucumbers. You gave 2 away to your friend. How many do you have left?

\[ \text{cucumbers} - \_ = 3 \]

3. There are 6 mangoes on the tree. You picked 2. How many are left?

\[ \text{mangoes} - \_ = 4 \]

4. You picked 3 pea pods from the vine. You already had 4 in your basket. How many do you have in all?

\[ \text{pea pods} + \_ = 7 \]
<table>
<thead>
<tr>
<th>Fruit/Vegetable</th>
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<tbody>
<tr>
<td>Pineapple</td>
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<tr>
<td>Broccoli</td>
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<tr>
<td>Banana</td>
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<tr>
<td>Kiwi</td>
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<tr>
<td>Bell Peppers</td>
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<td>Strawberry</td>
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<tr>
<td>Tomato</td>
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<tr>
<td>Sweet Potato</td>
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<tr>
<td>Apple</td>
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</tbody>
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**Answer Key**

Pineapple
Grape
Lettuce
Kiwi

Sweet Potato
Tomato
Banana
Bell Pepper

Apple
Broccoli
Strawberry
Spinach
My Fruit & veggie Goals

Name______________________________

1. Make a list of fruits you have eaten.

2. Make a list of vegetables you have eaten.

3. Make a list of fruits and vegetables you would like to try.