



**Ono Fruits & Veggies**  
**Mai e 'ai**  
**(Come and Eat)**

**Sample Lesson Plan**  
**1<sup>st</sup> Grade**

- 1) *Fruit and Veggie Math Workout Handout.*
  - 2) *What Am I?*
  - 3) *My Fruit & Veggie Goals*
  - 4) *It All Starts With Agriculture! Fruit & Veggie Matching Card Game*
- Estimated length of activity: 10-15 minutes.*

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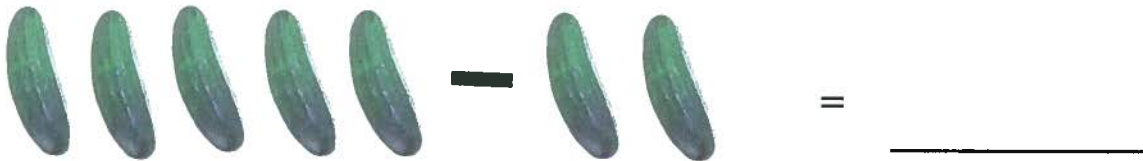


Name \_\_\_\_\_

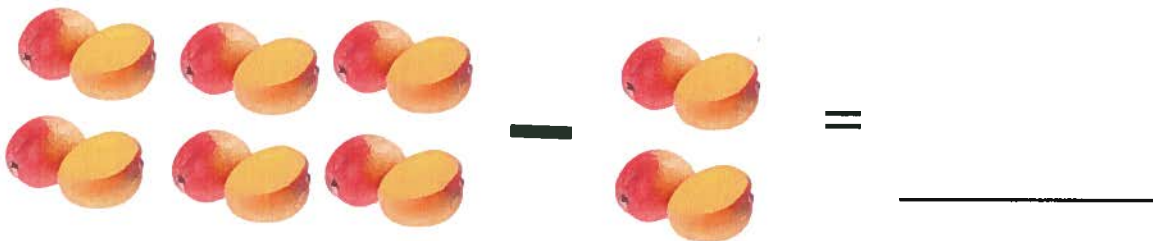
1. You have 3 red cherries and 2 red apples. How many red fruit do you have all together?



2. You had 5 green cucumbers. You gave 2 away to your friend. How many do you have left?



3. There are 6 mangoes on the tree. You picked 2. How many are left?



4. You picked 3 pea pods from the vine. You already had 4 in your basket. How many do you have in all?



Name \_\_\_\_\_

1. You have 3 red cherries and 2 red apples. How many red fruit do you have all together?



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2. You had 5 green cucumbers. You gave 2 away to your friend. How many do you have left?




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3

3. There are 6 mangoes on the tree. You picked 2. How many are left?



-



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4. You picked 3 pea pods from the vine. You already had 4 in your basket. How many do you have in all?



+



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Name \_\_\_\_\_



Pineapple  
Grape  
Lettuce  
Kiwi

Sweet Potato  
Tomato  
Banana  
Bell Pepper

Apple  
Broccoli  
Strawberry  
Spinach

Name \_\_\_\_\_



**Pineapple**



**Broccoli**



**Banana**



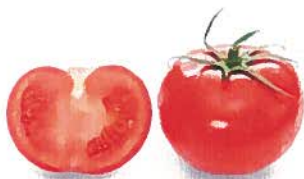
**Kiwi**



**Bell Peppers**



**Strawberry**



**Tomato**



**Sweet Potato**



**Apple**

Pineapple  
Grape  
Lettuce  
Kiwi

Sweet Potato  
Tomato  
Banana  
Bell Pepper

Apple  
Broccoli  
Strawberry  
Spinach



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Mai o 'ai  
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## My Fruit & veggie Goals

Name \_\_\_\_\_

1. Make a list of fruits you have eaten.

2. Make a list of vegetables you have eaten.

3. Make a list of fruits and vegetables you would like to try.