



Ono Fruits & Veggies

Mai e 'ai
(Come and Eat)

Welcome Back!

Let's start school year 2011-2012 with a bang. We are so happy to see so many returning schools and absolutely thrilled to see many new schools this year. We look forward to working with all of you to make this year's *Fresh Fruit and Vegetable Program* (FFVP) the best ever!

We understand that starting the program can be a little daunting, even for those of you who are returning to the program. To help give you some ideas we have enclosed a *Ono Fruits & Veggies* "Mai e 'ai" Packet. The lesson plans and accompanying materials within this packet will help you to effortlessly build fruit and veggie nutrition education into your classroom. Also look for the FFVP newsletters, informational flyers, and surveys throughout the school year, of which can help you to promote your program.

I recommend you to take a moment to look over this packet. The K-6 lesson plans combines fruit and veggie education with Math and English Language Arts activities. Please feel free to use them in your classrooms. The brochures can be duplicated and sent home to your parents and your community to help foster partnerships.

Congratulations for setting Hawaii's keiki on a path of lifelong healthy eating choices thru:

- 🌿 The fresh fruit and veggie snacks,
- 🌿 Nutrition education,
- 🌿 Program promotion,
- 🌿 Role modeling,
- 🌿 Positive interactions within the classroom, and at home.

If you have questions or just need more information, don't hesitate to give me a call at (808) 587-3600 or by e-mail at Lynne_lwaoka@notes.k12.hi.us

Mahalo to you and your staff.
Leiko