



S P R I N G 2 0 1 3

# HCNP News

Hawaii Child Nutrition Programs: NSLP, FFVP, Team Nutrition

## 2012-13 FFVP Schools

### DOE Honolulu District

Anuenue • Kalihi Uka • Kalihi Waena •  
Kapalama • Kauluwela • Kuhio • Linapuni •  
Lincoln • Palolo

### DOE Central District

Ka'ala • Solomon • Waiialua

### DOE Leeward District

Ewa Beach • Nanaikapono • Nanakuli •  
Pearl City • Waianae • Waikele • Waipahu

### DOE Windward District

Benjamin Parker • Kahalu'u • Laie •  
Waiahole

### DOE Hawaii District

Ha'aheo • Hilo Union • Holualoa •  
Honaunau • Honokaa • Hookena •  
Kalaniana'ole • Kaumana • Kea'au • Ke  
Kealakehe • Keaukaha • Keonepoko • Ke  
Kula O Ehunuikaimalino • Kohala • Mt.  
View • Na'alehu • Pa'auilo • Pahala • Pahoa  
• Waiakea • Waiakea-Waena • Waimea

### DOE Maui District

Haiku • Kahului • Kihei • King Kamehameha  
III • Lihikai • Makawao • Maunaloa •  
Paia/Kalama • Princess Nahienaena •  
Pukalani • Wailuku

### DOE Kauai District

Kapa'a • Kekaha • King Kaumualii • Koloa

### Charter Schools

Hawaii Academy of Arts and Science PCS •  
Ka'umeke Ka'eo Hawaii PCS • Kamaile  
Academy • Kanu O Ka Aina New Century  
PCS • Ke Kula Niihau O Kekaha • Ke Kula  
O Nawahiokalani Opu'u iki PCS • Kona  
Pacific PCS • Kualapu'u School • Volcano  
School of Arts and Sciences • Waters of  
Life PCS



## Kamaile Academy Supports Whole Child Through Navigators' Center

Under the leadership of Principal Emma Weiss, Kamaile opened The Navigators' Center in 2011. The school created a system and a conceptual framework that interweaves health and wellness with content and curriculum. Kamaile also dedicated space within the school and staff specifically for the Center.

The Center has three programs: 'Ohana, Student Activities and a Health Center. It supports the whole child by providing meaningful student activities beyond the classroom walls, family programming, comprehensive health support, and deep community connections with partners like Waianae Coast Comprehensive Health Center. (Continued on Page 2)

## Inside HCNP News

**Navigators' Center**  
**Page 2**

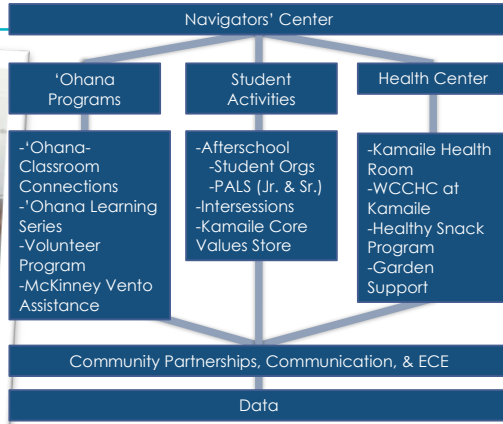
Community partnerships and programs that make the center successful.

**CS Framework**  
**Page 4**

Community school framework for student success.

**CNIPS**  
**Page 6**

New automated information and payments system.



## The Navigators' Center at Kamaile Academy

Largely based on the community schools model, the Navigators' Center is both a place and a system dedicated to the academic success, comprehensive health and wellness, and community support of Kamaile Academy students. According to the Coalition for Community Schools, "A community school is both a place and a set of partnerships between school and community. It has an integrated focus on academics, youth development, family support, health and social services, and community development." Please see page 4 for a Community Schools Framework for Student Success that looks at various conditions for learning, with short and long-term results that can be measured by collecting data in key indicators.

The Olakino Maika'i Health Center is staffed by two highly qualified medical assistants. In

addition to meeting students' everyday health needs, the health aides increased the percentage of kindergarten students who met the entry health requirements (immunizations, TB clearance, physical exams, etc) by 60% to 95% through their follow up work. Medical students interning at WCCHC completed a needs assessment on Kamaile students in Spring 2012 and have since created a "Mini Docs" program where they provide health education to students. Dr. Dan Fujii has provided dental health screenings to all PreK-6<sup>th</sup> grade students and is continuing through the grade levels. Vision screening was provided to students with support from Project Vision and Dr. Makini of Eyes Plus, Inc. Other programs include the healthy snack program (FFVP, see below), school garden, and the 'ohana program. *More information on Kamaile Academy's Navigators' Center can be found at [navigatorscenter.org](http://navigatorscenter.org)*



## FFVP at Kamaile

Kamaile Academy participates in the Fresh Fruit and Vegetable Program as part of the Healthy Snack Program in the Olakino Maka'i Center. The school has an extended school day, running from 7:30 AM until 3:00 PM, so FFVP snacks are served to students in the afternoon in an effort to keep them from becoming hungry and allow them to stay focused on learning.

## Kamaile Academy’s Core Values clarifies desired student outcomes academically, physically, socially and emotionally

CORE VALUES		MEANING	STUDENT OUTCOMES	ACADEMIC OBJECTIVE	NAVIGATORS’ CENTER OBJECTIVE	CULMINATING ACTIVITY	GRADE LEVEL FOCUS
Aloha & ‘Ohana	Olakino Maika’i	To live healthfully	Active bodies achieving and maintaining physical health through reflective decision-making	Evaluate performances and reflect on learning to grow through healthy decisions	Educate and provide opportunities for physical health	Olakino Maika’i Fest featuring Kamaile garden	1 & 7
	‘Imi ‘Ike	To seek knowledge	Critical thinkers realizing meaningful academic success and a commitment to life-long learning	Use research and analysis to collect and interpret information and data	Engage, support, and challenge students toward academic achievement	8 <sup>th</sup> Grade ‘Imi ‘Ike Defense	2 & 8
	Laulima	To cooperate	Skillful collaborators experiencing family and community support	Collaborate productively toward a common goal	Engage and connect with families and community to build a network of support for students	Sunset at Kamaile	3 & 9
	Ha‘aheo	To be proud	Confident and competent producers possessing social and emotional wellness	Communicate precisely and accurately to present and share knowledge	Educate and nurture toward social and emotional wellness	10 <sup>th</sup> Grade Ha‘aheo Defense	4 & 10
	Na‘auao	To nurture a deep sense of enlightened knowledge and justice	Empowered activists designing solutions to problems in their world	Use critical thinking and creativity to identify and solve problems	Root all programs in the purpose of contributing to a better, more just world	Workplace Learning Experience	5 & 11
	Kuleana	To find and fulfill your responsibility	Well-rounded scholars giving back their skills and talents to the world while constantly bettering themselves	Reflect to develop metacognitive understanding of self and plan for personal role in the world	Empower students to find their role in bettering the world	Graduation Kuleana Defense	K, 6, & 12

**Exhibit 2. Community Schools Framework for Student Success**  
*“Students Succeeding at School and in Life”*

CONDITIONS FOR LEARNING	RESULTS	INDICATORS
<p>Early childhood development is fostered through high-quality, comprehensive programs that nurture learning and development.</p> <p>The school has a core instructional program with qualified teachers, a challenging curriculum, and high standards and expectations for students.</p> <p>Students are motivated and engaged in learning—both in school and in community settings, during and after school.</p> <p>The basic physical, social, emotional, and economic needs of young people and their families are met.</p> <p>There is mutual respect and effective collaboration among parents, families, and school staff.</p> <p>The community is engaged in the school and promotes a school climate that is safe, supportive, and respectful and that connects students to a broader learning community.</p>	<b>SHORT TERM</b>	
	<p><b>Children Are Ready To Enter School</b></p>	<ul style="list-style-type: none"> <li>◆ Immunization rates</li> <li>◆ Blood lead levels</li> <li>◆ Parents read to children</li> <li>◆ Children attend early childhood programs</li> <li>◆ Receptive vocabulary level</li> <li>◆ Families connected to support networks/services</li> <li>◆ Vision, hearing, and dental status</li> </ul>
	<p><b>Students Attend School Consistently</b></p>	<ul style="list-style-type: none"> <li>◆ Daily attendance</li> <li>◆ Early Chronic Absenteeism</li> <li>◆ Tardiness</li> <li>◆ Truancy</li> </ul>
	<p><b>Students Are Actively Involved in Learning and the Community</b></p>	<ul style="list-style-type: none"> <li>◆ Students feel they belong in school</li> <li>◆ Availability of in-school and after-school programs</li> <li>◆ Students feel competent</li> <li>◆ Schools are open to community</li> <li>◆ Attendance at before- and after-school programs</li> <li>◆ Partnerships for service learning in the school/community</li> <li>◆ Post-secondary plans</li> </ul>
	<p><b>Schools Are Engaged with Families and Communities</b></p>	<ul style="list-style-type: none"> <li>◆ Trust between faculty and families</li> <li>◆ Teacher attendance and turnover</li> <li>◆ Faculty believe they are an effective and competent team</li> <li>◆ Community-school partnerships</li> </ul>
	<p><b>Families Are Actively Involved in Children’s Education</b></p>	<ul style="list-style-type: none"> <li>◆ Families support students’ education at home</li> <li>◆ Family attendance at school-wide events and parent-teacher conferences</li> <li>◆ Family experiences with school-wide events and classes</li> <li>◆ Family participation in school decisionmaking</li> </ul>
	<b>LONG TERM</b>	
	<p><b>Students Succeed Academically</b></p>	<ul style="list-style-type: none"> <li>◆ Standardized test scores</li> <li>◆ Teachers support students</li> <li>◆ Grades</li> <li>◆ Teachers take positive approach to teaching and learning</li> <li>◆ Graduation rates</li> <li>◆ Dropout rates</li> <li>◆ Reading by 3rd grade</li> </ul>
	<p><b>Students Are Healthy Physically, Socially, and Emotionally</b></p>	<ul style="list-style-type: none"> <li>◆ Asthma control</li> <li>◆ Vision, hearing, and dental status</li> <li>◆ Physical fitness</li> <li>◆ Nutritional habits</li> <li>◆ Positive adult relationships</li> <li>◆ Positive peer relationships</li> </ul>
	<p><b>Students Live and Learn In Stable and Supportive Environments</b></p>	<ul style="list-style-type: none"> <li>◆ Students, staff, and families feel safe</li> <li>◆ Schools are clean</li> <li>◆ Families provide for basic needs</li> <li>◆ Incidents of bullying</li> <li>◆ Reports of violence or weapons</li> </ul>
<p><b>Communities Are Desirable Places to Live</b></p>	<ul style="list-style-type: none"> <li>◆ Employment and employability of residents and families served by the school</li> <li>◆ Student and families with health insurance</li> <li>◆ Community mobility and stability</li> <li>◆ Juvenile crime</li> </ul>	

# SPOTLIGHT: Healthy Schools

## Hawaii 5-2-1-0 Keiki Run!

On February 16, 2013, about 1,500 students and their parents participated in this healthy fundraising event at the Neal Blaisdell Center Exhibition Hall that raised \$29,000 for 108 Oahu schools. Families who walked or ran the 1.5 mile course around McKinley High School were cheered on by 200 McKinley High School students.



## Summer Food Service Program

The Summer Food Service Program provides access to free, healthy meals during the summer months when school is not in session. Lunches and sometimes breakfasts are served at parks, churches, and schools to children up to the age of 18. Local organizations can participate in providing meals to hungry children by becoming sponsors. For more information, call Alexis at 808-587-3600.

## Become a Team Nutrition School

Team Nutrition is an integrative plan developed by the USDA to promote a healthy school environment through nutrition education and healthy eating. K-12 schools can sign up on the Team Nutrition website (<http://teamnutrition.usda.gov/team.html>) to gain access to a variety of program materials and resources.



## Recipes for Healthy Kids

Team Nutrition and the Let's Move campaign challenged students (with the help from chefs and school nutrition professionals) to develop healthy recipes that could be served during school lunch. The winning recipes can be found in the *Recipes For Healthy Kids: Cookbook For Homes* at <http://www.RecipesforKidsChallenge.com/>

# New Automated Child Nutrition Information and Payment System

HCNP was awarded a \$1.5 million administrative review and training (ART) grant. The ART grant is covering the cost of acquiring and implementing a web-based Child Nutrition Information and Payments System (CNIPS). This automated system will reduce the time and effort for school food authorities and sponsors to collect and maintain program data, provide timely payments to providers, and reduce the risk of human error. Donna Pass is the project coordinator developing the automated system and expects it to be complete and ready for use for SY 2014. For more information, call Donna at 587-3600.

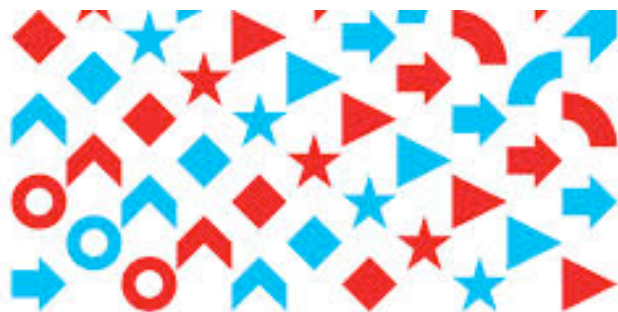


**Child  
Nutrition  
Information &  
Payments  
System**

## *Let's Move!* Active Schools

First Lady Michelle Obama recently launched *Let's Move!* Active Schools – an unprecedented collaboration to bring physical activity back to America's schools. The program empowers school champions by providing a clear road map to meet their goals in 5 areas:

1. Physical Education – School districts can apply for the Carol M. White Physical Education Program grants (PEP) due on April 12, 2013. AAHPERD is providing training on the Presidential Youth Fitness Program (PYFP) and other topics to schools.
2. Physical Activity During School – Nike will invest \$50 million to support this effort and will develop access to sport in our communities.
3. Physical Activity Before and After School – Safe Routes to School, National PTA and Kaiser Permanente are launching “Fire Up Your Feet,” an innovative program that helps schools conduct healthy fundraisers that promote walking, biking and other types of physical activity.



**Let's  
Move!** **Active  
Schools**

4. Family & Community Involvement
5. Staff Involvement

After signing up at [www.letsmoveschools.org](http://www.letsmoveschools.org), school champions are guided through a simple, 6-step process on a portal managed by the Alliance for a Healthier Generation that helps them build a team, make a plan, and access free resources and tools, including in-person trainings, program materials and activation grants, and direct, personal assistance from certified professionals.